

# Family Planning - Birth Defects

## Summary

This discusses some family planning, birth defects, and birth defect prevention.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 5 Standard 2](#)

## Time Frame

1 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Identify ways to prevent birth defects. Identify problems that are associated with pregnancy: toxemia, ectopic pregnancy and stillbirth, spontaneous abortion. Healthy lifestyle and birth defect prevention. Married and single people should implement healthy lifestyle practices. A woman should have a proper diet years before she conceives a child. Birth defect prevention, Amniocentesis, Prenatal care and proper nutrition.

## Instructional Procedures

Journal, Text, Unit Notes and Discussion, Activity - Baby in Blanket, Assignment Human Reproduction Vocabulary to do by self, with parents or siblings (no dictionaries or encyclopedias). Bring to class completed the best you can next time.

## Authors

[DOREEN ROBINSON](#)