

FACS: Dietary Guidelines (Nutri/Food)

Summary

This website contains the publication defining the Dietary Guidelines for Americans.

Main Core Tie

FCS 6th Grade

[Strand 1](#)

Time Frame

1 class periods of 45 minutes each

Group Size

Individual

Life Skills

Thinking & Reasoning

Materials

Computers with web accessibility, or a printed copy of the Dietary Guidelines for Americans.

Background for Teachers

Review the web information so you will know what the students will be doing.

Intended Learning Outcomes

Students will become aware of the new Dietary Guidelines for Americans.

Instructional Procedures

Go to the following web site. <http://www.health.gov/dietaryguidelines/dga2000/DIETGD.PDF>

Bibliography

<http://www.health.gov/dietaryguidelines/dga2000/DIETGD.PDF>

Authors

[Utah LessonPlans](#)