

Self-Management Unit

Summary

This unit includes: Using Self-Concept, Character & Integrity, Labeling, Values, Goals and Decision Making.

Main Core Tie

Adult Roles And Responsibilities

[Strand 1 Standard 1](#)

Time Frame

10 class periods of 70 minutes each

Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Intended Learning Outcomes

See individual days' learning outcomes.

Authors

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