

# Self-Concept

## Summary

Students will learn how they can build their self-esteem.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 1 Standard 1](#)

## Time Frame

1 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Explain how self-concept is built and preserved. Explain how it relates to the perception of individual strengths and weaknesses. Describe the development of self-concept and the self-concept circle.

## Instructional Procedures

Journal, Text, Motivator, Cartoon, Personal History Assignment, Self-Concept Circle, Case Studies, Building Self-Esteem, Pos/Neg characteristics, Activity -- Rest In Peace: The I can't Funeral, Students write an "I can paper," Video Clip -- It's in Every One of Us, Puzzle pieces.

## Authors

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