

# Adolescence

## Summary

Help students realize characteristics and challenges of adolescence.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 1](#)

## Time Frame

1 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Identify physical, social and emotional characteristics occurring during adolescence.

## Instructional Procedures

Journal, Text, Intro - music from different eras, Adolescence Discussion, Assign - Personable Car, Class Discussion on Development Theories or Divide into Group Reports on Erik H. Erickson, Abraham Maslow, and Robert J. Havighurst. To be presented in two class periods.

## Authors

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