

Self-Concept / Self-Esteem

Summary

One of the most important tasks of a parent is to preserve a child's self-concept. All other tasks refer back to this important idea.

Main Core Tie

Child Development

[Strand 1 Standard 2](#)

Time Frame

1 class periods of 90 minutes each

Life Skills

Communication

Intended Learning Outcomes

Be able to define self concept and self esteem. Understand the role and importance of self esteem in personal development and growth

Instructional Procedures

Use the following outline during the lesson on self concept/self esteem.

Assessment Plan

This lesson provides an opportunity for students gather some ideas on Self-Concept. Have them complete the study guide.

Bibliography

Utah Curriculum Guide

Authors

[Jason Skidmore](#)