

Health & Wellness

Summary

The health, safety and well-being of children is important. Children who are in good health are able to develop properly intellectually, socially, and emotionally.

Main Core Tie

Child Development

[Strand 5 Standard 1](#)

Additional Core Ties

Child Development

[Strand 7 Standard 1](#)

Child Development

[Strand 7 Standard 2](#)

Time Frame

2 class periods of 90 minutes each

Background for Teachers

Teacher should understand the need for immunizations, the importance of first aid, proper nutrition and car seat safety.

Intended Learning Outcomes

Students will understand the need for proper immunizations, good nutrition and other safety concerns.

Instructional Procedures

Day 1 will introduce childhood illnesses and immunizations. Day 2 will cover first aid, nutrition, and car seats.

Assessment Plan

After students complete the reading of "Childhood Illnesses," they will match the symptoms with the correct illness, disease or health concern.

Bibliography

Utah Curriculum Guide

Authors

[Jason Skidmore](#)