

The Microwave

Summary

Students will identify advantages and disadvantages of microwave cooking. They will apply principles of microwave cooking in food preparation.

Time Frame

2 class periods of 45 minutes each

Group Size

Small Groups

Materials

Supplies for lab.

Background for Teachers

Complete the lecture found on the attachment.

Student Prior Knowledge

Knowledge of basic cooking terms and equipment.

Intended Learning Outcomes

Students will learn how to make a food product using a microwave oven.

Instructional Procedures

Have students complete the worksheet, "Microwave Match Up."

Authors

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