

Food and Nutrition I Review

Summary

Students complete skill requirements for Utah State test. Also Students review information they will be tested on.

Main Core Tie

Food And Nutrition

[Strand 2](#)

Additional Core Ties

Food And Nutrition

[Strand 1](#)

Food And Nutrition

[Strand 6](#)

Food And Nutrition

[Strand 3](#)

Food And Nutrition

[Strand 4](#)

Food And Nutrition

[Strand 5](#)

Time Frame

1 class periods of 90 minutes each

Group Size

Small Groups

Student Prior Knowledge

The food pyramid and dietary guidelines.

Intended Learning Outcomes

Students will complete quality food preparation. Students will pass Utah state Foods and Nutrition I test with 80% or better.

Instructional Procedures

Use Mandatory Assignment sheet for students to fill out and turn in before taking the state test. Review with the study guide packet and have students fill it out and turn in the day they take the test.

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