# Depression/Suicide

## Main Core Tie

Adult Roles And Responsibilities

Strand 1 Standard 1

### Time Frame

1 class periods of 70 minutes each

## **Background for Teachers**

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## **Intended Learning Outcomes**

Implement and evaluate stress-management strategies.

# Instructional Procedures

Journal, Text, Computer Activity -Aftermath CD - Suicide, Depression and Suicide Discussion, Video - Silence of the Heart.

### **Authors**

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