

Divorce

Summary

This lesson discusses some causes and effects of divorce. It is part of the Crisis Management Unit (CM).

Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 6](#)

Time Frame

1 class periods of 70 minutes each

Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Intended Learning Outcomes

FACTORS LEADING TO DIVORCE: finances, selfishness, communication problems, etc. may lead to divorce. **EFFECTS OF DIVORCE ON FAMILY MEMBERS:** common reactions of children to divorce include: increased tardiness at school, lower self-concepts, display of delinquent acts, being less sociable, being labeled as a problem child, and having fewer friends, the fear of abandonment is the most common effect of divorce on a preschooler, the fear of failing in his/her own relationships is the most common effect of divorce on an adolescent. **PERSONAL ADJUSTMENTS TO DIVORCE:** divorce can be a relief for children if it stops the fighting or arguments in the home, most single parents face a reduction in the economics level, have less personal time, and must deal with child care issues. **COPING METHODS:** to help children cope - consistent visitation, economic stability, stable relationships, utilize the steps of the grieving process, the school and community counseling resources, and the support of friends and family, things parents should remember - divorced parents should not place blame on the ex-spouse in front of the children; the younger the children, the more time it will take to adjust to the loss; young children will often believe that their parents will get back together again; children still love both of their parents.

Instructional Procedures

Text, journal, "I'd Just As Soon Go," Factors Leading to Divorce, Case Studies, Problems Associated with Divorce, Coping with Divorce, Effects of Divorce, Video clip: Step Mom, Video: Coping with family Crisis, and Internet quiz.

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