

# Divorce

## Summary

This lesson discusses some causes and effects of divorce. It is part of the Crisis Management Unit (CM).

## Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 6](#)

## Time Frame

1 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

FACTORS LEADING TO DIVORCE: finances, selfishness, communication problems, etc. may lead to divorce. EFFECTS OF DIVORCE ON FAMILY MEMBERS: common reactions of children to divorce include: increased tardiness at school, lower self-concepts, display of delinquent acts, being less sociable, being labeled as a problem child, and having fewer friends, the fear of abandonment is the most common effect of divorce on a preschooler, the fear of failing in his/her own relationships is the most common effect of divorce on an adolescent. PERSONAL ADJUSTMENTS TO DIVORCE: divorce can be a relief for children if it stops the fighting or arguments in the home, most single parents face a reduction in the economics level, have less personal time, and must deal with child care issues. COPING METHODS: to help children cope - consistent visitation, economic stability, stable relationships, utilize the steps of the grieving process, the school and community counseling resources, and the support of friends and family, things parents should remember - divorced parents should not place blame on the ex-spouse in front of the children; the younger the children, the more time it will take to adjust to the loss; young children will often believe that their parents will get back together again; children still love both of their parents.

## Instructional Procedures

Text, journal, "I'd Just As Soon Go," Factors Leading to Divorce, Case Studies, Problems Associated with Divorce, Coping with Divorce, Effects of Divorce, Video clip: Step Mom, Video: Coping with family Crisis, and Internet quiz.

## Authors

[DOREEN ROBINSON](#)