

Elderly

Summary

This lesson discusses positive and negative aspects of the elderly and options to care of them. This is part of the Crisis Management Unit (CM).

Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 6](#)

Time Frame

1 class periods of 70 minutes each

Materials

Senior Citizen Activity is the Aging Simulation in the Curriculum Guide.

Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Intended Learning Outcomes

Recognize positive and negative attributes of aging and critique care options. CHARACTERISTICS AND MISCONCEPTIONS: physical changes - the majority of people aged 65 and older are in good health; some changes may include hearing loss, changes in chemical composition of bones, and loss of elasticity in the skin; emotional changes - loss of short-term memory, loss of independence, increased difficulties; in learning new information, more likely to think clearly if they have been active learners all their lives, are concerned about the future, respond to the self-fulfilling prophecy (which means they will become what you expect them to become); sexual changes - males go through physical changes similar to those of the women during menopause; this term is known as climacteric; financial changes - decrease in income. CARE OPTIONS: identify various types of care options: nursing home, retirement community, etc.; questions to ask when finding care of an elderly adult are: "Is the building clean and sanitary?", "Are the patients happy and well-cared for?", "Is there sufficient medical care provided?"; elderly adults who live with family members may attend centers that provide care during the day.

Instructional Procedures

Journal, Text, Book-"You're Only Old Once" by Dr. Seuss, Old Age Quiz, Aspects of Aging, Senior Citizens Activity, and Internet quiz.

Authors

[DOREEN ROBINSON](#)