

# Types of Love (Dat)

## Summary

This lesson will help students understand the different types of love. It is part of the Dating Unit.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 3 Standard 1](#)

## Time Frame

1 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

THE TYPES OF LOVE (LADDER OF LOVE): Self-love; love for the primary caregiver; love for the secondary caregiver; love for other relatives; the first love outside the family; love for a same-sex friend; love for someone of the same sex, but older; love for someone of the opposite sex; love for children; and mature love for others. CHARACTERISTICS OF LOVE: unconditional love asks for nothing in return; before you can love anyone else, you must first love yourself; platonic love is a love based upon friendship and respect - not physical attraction. Although there are many kinds of love that we need to receive daily, most people will experience only one or two types. Love is vital to the well-being of a person. Love is a relationship which is best expressed by trust, honesty, and respect. INFATUATION VERSUS LOVE: Real love provides security and confidence. Symptoms of infatuation are: shakiness/nervousness, immediacy, emotional insecurity, and uncertainty. It's a strong physical attraction to a stranger which occurs quickly and lasts a short time.

## Authors

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