

# Meal Planning and Consumerism Test

## Summary

Testing the knowledge of the student as it applies to the skills of Meal Planning and Consumerism as it relates to food choices.

## Time Frame

1 class periods of 45 minutes each

## Group Size

Individual

## Materials

Handout:

Meal Planning and Consumerism Test

Additional Materials

Scantron Sheets for Student Answers

#2 pencils

## Background for Teachers

This test will not take a full 90-minute class period. You could arrange to begin another unit for half of the hour.

The teacher needs to know and understand the skills for planning meals that are nutritious and aesthetically pleasing and have the consumer skills to purchase the food from the grocery store identifying the brands and labels in making appropriate food choices.

## Student Prior Knowledge

The student needs to know how to plan and shop for a meal that is nutritious and aesthetically pleasing.

## Intended Learning Outcomes

The student will acquire the skills to plan and shop for food identifying the brands and labels in making conscientious food choices and prepare the food so it is nutritious and aesthetically pleasing.

## Instructional Procedures

Ask the students if they have any questions relating to the information to be tested. Allow the students a few minutes to review and study from their notes.

Hand out the test copy (If the test is to be corrected with the Scantron sheets, mark each test copy with a number for a classroom set) and the Scantron Sheets. Read and explain the test to the students.

Part one is True or False

Part two is Multiple Choice

Part three, four, five and six are True or False

Part seven is True or False and write the answer on the back side of the Scantron

When the tests are completed, collect the test copies and the answer sheets to be corrected by the scanner.

## Authors

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