

# Social Skills: Habit 6, Synergize

## Summary

This lesson covers basic information concerning the strengths of diversity and the ability to develop synergy within relationships. I used Power Point because I thought it a helpful tool in mapping out the ideas behind synergy and providing students with a fun and easy to follow approach in regards to note taking. As with most Social Skills lessons, "Synergize" requires quite a bit of "instructor guided" discussion and involvement on the students part. I have found this works best when students share real-life experiences and examples during the discussion (Power Point aides in prompting responses and ideas from students as it is consistently observable.).

## Time Frame

2 class periods of 45 minutes each

## Group Size

Small Groups

## Life Skills

Communication, Social & Civic Responsibility, Employability

## Materials

- \*Classroom computer and LCD projector
- \*The 7 Habits of Highly Effective Teens book for each student
- \*Paper and writing utensil for each student

## Background for Teachers

Familiarity with Habit 6 is suggested as prior knowledge on the teacher's part. The instructor should feel comfortable leading discussions and be able to guide students to meaningful responses. Also, basic understanding of Power Point is recommended.

## Student Prior Knowledge

Students will come into this lesson with clear understanding of the principles taught in habits 1-5 of The 7 Habits of Highly Effective Teens: responding proactively, setting goals, prioritizing, thinking win-win, and seeking first to understand others, then to be understood.

## Intended Learning Outcomes

After the instructional period concerning Habit 6 in the text book, the learner will be able to demonstrate, through a one page type-written essay, ways to accept, manage, and/or adapt to differences they have with parents, peers, and others with whom they may come into contact.

## Instructional Procedures

- \*The instructor will begin the lesson using the Power Point presentation.
- \*Students should be instructed to take notes throughout the presentation for future reference concerning testing.
- \*Each slide has notes attached at the bottom for the instructor to follow as well as a suggested time limit for that particular slide.
- \*Also, slides are set up to proceed by mouse click as the class is ready to continue.

\*Where a slide is noted with the direction to generate a discussion, the instructor should ask appropriate questions that will guide students to comments relating to the subject and will clarify and define concepts and ideas.

\*Where the slide is noted with instruction to have students read from the text, I have found it most helpful to call on random students to read aloud.

\*The lesson has been created for a two class period timeframe and a slide has been placed in the program to indicate where this transition takes place.

\*Day one includes a Personality Quiz that the students will take using their text books and then personally score. Instructions for taking and scoring the quiz are included in the text book.

\*Day two is primarily used for the learning of the Action Plan, creating skits, and performing them for the class.

\*Skit scenarios have been provided (under materials section) for the instructor to assign per group.

\*When class presentations are finished the instructor will sum up the lesson using final few slides with noted prompts and assign the homework described.(The essay is to be given as homework so as to promote further thought on the subject following the lesson.)

\*The essay should be no less than one type-written page, double spaced and must cover each step of the Action Plan and a realistic example of how these steps could be used in common situations (encourage students to write enough that their ideas and perspective on the topic are thoroughly expressed).

### Assessment Plan

Students will be assessed on their learning of the principles and concepts of Habit 6 through their submitted essays. A complete and acceptable essay must include an accurate description of the five steps learned through the Action Plan section of Habit 6 as well as a realistic example, generated by the student, that applies each step of the Action Plan in an everyday circumstance.

### Rubrics

[Habit 6, Synergize](#)

### Bibliography

Covey, Sean. The 7 Habits of Highly Effective Teens. New York: Simon and Schuster, 1998.

Kelloggs home page. Viewed 3/8/04 at <http://www.kelloggs.com/recipes/>

Optical Illusions. Viewed on 3/8/04 at <http://www.eyetricks.com>

Trees of Mystery home page. Viewed 3/8/04 at <http://www.treesofmystery.net/>

### Authors

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