# Measuring Up!

# Summary

Students will learn how to measure the body correctly for proper fit. Students will observe how to properly measure a body for correct pattern fit, and then they will perform measurements on themselves and a partner. Students will also alter pattern pieces by adding and shortening lengths.

# Main Core Tie

Sewing Construction & Textiles 1

Strand 4 Standard 2

#### Additional Core Ties

Sewing Construction & Textiles 1

Strand 4 Standard 1

### Time Frame

1 class periods of 60 minutes each

## **Group Size**

**Pairs** 

#### Materials

The same size garment from ready-to-wear, designer wear, and home-sewn to show comparison.

Do You Really Know Your Pattern Size?worksheet

Tape Measure for each student

Pattern Pieces to resize for each student

# Intended Learning Outcomes

Students will learn how to take body measurements, select the appropriate pattern and size, and make pattern alterations.

# Bibliography

Simplicity, McCalls, Butterick, and Vogue Patterns

#### **Authors**

**Amber Williams**