

# Goals

## Summary

Students will select personal learning goals that relate to work based learning experiences. Students will use the five steps to setting goals to help their goal planning to be more efficient.

## Main Core Tie

Workplace Skills

[Strand 5 Standard 1](#)

## Time Frame

1 class periods of 60 minutes each

## Group Size

Individual

## Life Skills

Employability

## Materials

Tennis balls for each student Goals power point Goal Setting Handout 7 Habits of Highly Effective Teens, by Sean Covey

## Intended Learning Outcomes

Students will select and write down personal learning goals that relate to their work based learning experiences.

## Instructional Procedures

See attachment for lesson plan procedures.

## Bibliography

7 Habits of Highly Effective Teens by Sean Covey

## Authors

[SHANNON FISCHIO](#)

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