

M&F Chapter 10 - Family Life Cycle

Summary

This is an indepth study of all stages of the family life cycle including the engagement, wedding, marital adjustments, middle and late marriage, aging and death.

Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 4](#)

Additional Core Ties

Adult Roles and Financial Literacy

[Strand 6 Standard 3](#)

Adult Roles And Responsibilities

[Strand 4 Standard 2](#)

Time Frame

9 class periods of 90 minutes each

Group Size

Large Groups

Life Skills

Thinking & Reasoning, Communication, Social & Civic Responsibility

Materials

PowerPoint presentation

Projector

VCR for video

All handouts from the FHS 2400 CD.

Background for Teachers

Reading of text.

Student Prior Knowledge

Reading of text.

Intended Learning Outcomes

Students will gain insight into the different aspects of the family life cycle, including the parent/teen relationship. They will identify the purposes of the engagement period and the honeymoon; common marital adjustments and needs and expectations. They will gain empathy for the aging, critique care options, and understand the grieving process.

Instructional Procedures

Print all lesson plans and handouts from the FHS 2400 CD.

Lesson #1 - Teens.

Lesson #2 - Family Life Cycle.

- Lesson #3 - Engagement.
- Lesson #4 - Reception and Marriage.
- Lesson #5 - Video "Big Fat Greek Wedding".
- Lesson #6 - Honeymoon and Marital Adjustments.
- Lesson #7 - Middle and Late Marriage, Aging.
- Lesson #8 - Empathy Activity and Aspects of Aging.
- Lesson #9 - Death.

Assessment Plan

Students will have completed the reading tests before coming to class. A final Exam will be given on the chapter.

Educators:

Contact resources@uen.org using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

Bibliography

The Marriage & Family Experience (8th Edition) by Strong.

Authors

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