

# M&F Chapter 6 - Communication

## Summary

Communication patterns and conflict resolution  
Gender differences in communication  
Power issues Communication skills

## Main Core Tie

Adult Roles And Responsibilities

[Strand 2 Standard 3](#)

## Additional Core Ties

Adult Roles And Responsibilities

[Strand 2 Standard 1](#)

Adult Roles And Responsibilities

[Strand 2 Standard 2](#)

## Time Frame

6 class periods of 90 minutes each

## Group Size

Large Groups

## Life Skills

Thinking & Reasoning, Communication, Social & Civic Responsibility, Employability

## Materials

A PowerPoint projector  
VCR for "You've got Mail" clips  
Handouts from Chapter 6.

## Background for Teachers

Know the text and adult roles curriculum on communication.

## Student Prior Knowledge

It is best to have read chapter 6.

## Intended Learning Outcomes

Students will have some ideas about how to say "No". Students will evaluate their own communication patterns for roadblocks they might be using. Students will learn good couple communication, listening, and conflict resolution skills.

## Instructional Procedures

Follow the lesson plan.  
Day 1 - How to say "No"  
Day 2 - Communication introduction and assertiveness  
Day 3 - Non-verbal and roadblocks

Day 4 - Misperceptions and good couple communication

Day 5 - "I" messages and listening skills

Day 6 - Conflict resolution.

Print all the lesson plans and handouts provided on the FHS 2400 CD.

### Assessment Plan

Students will have completed the reading tests before coming to class. A final Exam will be given on the chapter. Final project = Family communication star event.

Educators:

Contact [resources@uen.org](mailto:resources@uen.org) using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

### Bibliography

The Marriage & Family Experience (8th edition) by Strong

### Authors

[WENDY CRAPO](#)