

# FACS: Emotions

## Summary

Learning to recognize emotions in ourselves and others helps us know how to act in different situations.

## Main Core Tie

FCS 6th Grade

[Strand 3 Standard 1](#)

## Time Frame

1 class periods of 70 minutes each

## Life Skills

Communication

## Materials

copies of facial emotions

## Intended Learning Outcomes

Students will be able to identify how someone feels and respond appropriately.  
Students will learn how to manage their own feelings.

## Instructional Procedures

### Strategies for Diverse Learners

- Role-play different emotional situations and how to respond to them.
- Have each student draw an emotion. Let other students guess what it is.
- Have students draw storyboards or comics with different ways to handle emotional situations.
- Identify emotions in different magazine pictures and answer the following questions:
  - What is happening now?
  - Who are the people and how do they feel?
  - What happened before?
  - What might happen next?
  - What will you do or say?

## Assessment Plan

Students will correctly identify emotions in themselves and others and make a plan for how to deal with it.

## Authors

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