# Positive Guidance

# Summary

Students will understand parenting styles, including positive guidance techniques that help children develop positive self-concepts, self-management, and responsibility.

## Main Core Tie

Adult Roles And Responsibilities Strand 5 Standard 5

## **Additional Core Ties**

Adult Roles and Financial Literacy

Strand 8 Standard 5

## Materials

- Don't-Please Do KEY
- Don't-Please Do Activity
- Don't-Please Do Worksheet
- Performance Objective Worksheet
- Positive Guidance Teacher Information
- Positive Guidance PowerPoint
- Purpose of Discipline Teacher Information
- Vocabulary Worksheet and Key

#### Instructional Procedures

Vocabulary

Use the Vocabulary Worksheet and Key (pdf).

Introduction/Pre-Assessment

<u>Graffiti</u>: Put several posters around the room with different types of situations such as; "Your four-year old has just pushed down your three year old neighbor because she didn't want your neighbor to play with her toys". Ask your students to go around the room and write on the posters what they would do if that was their child. When they are finished, talk about what was written on the posters. What is positive guidance and why is it important? Begin class discussion.

Content Outline, Activities and Teaching Strategies

(All options do not necessarily need to be taught. Select ones to cover standards and objectives and according to your district policies.)

Option 1: Discussion

Engage the class in a discussion on positive/negative guidance using the <u>teacher information</u> (pdf) and Positive Guidance PowerPoint.

Option 2: Video

Show the Video 20/20 broadcast "Angry Love". Aired 12/29/99. T991229\_03. It can be found on ABC store online. This is a great video on yelling, screaming and verbal abuse. Although this was done in 1999 it doesn't have a dated look. There are other parenting videos at the ABC store such as Yelling at the Kids 03/18/05. T050318\_03M. Have students recognize the negative methods of discipline.

Option 3: Discussion

Engage the class in a discussion using the <u>Purpose of Discipline Teacher Information</u> (pdf). Help them understand that the goal of discipline is self-control rather than obedience. Refer to the purpose

of discipline teacher information for lecture notes.

Option 4: Object Lesson

This object lesson is a class activity/demonstration. It can be done with two students or the entire class. Tell the class that you are going to try two methods of child guidance on the students who left. The objective is to get the students to complete the task of sitting in a chair, folding their arms, and crossing their legs. Refer to the <a href="Don't-Please Do Classroom Activity">Don't-Please Do Classroom Activity</a> (pdf) for teacher instructions and classroom discussion.

Option 5: Positive Statement

Help students learn how to use positive statements. Emphasize telling the child what they can do instead of what they can't do. Have students practice using positive statements by completing the <u>Don't-Please Do Worksheet</u> (pdf). A <u>Don't-Please Do Teacher Key</u> (pdf) is available.

Option 6: Child Guidance Articles

Have small groups of students review child guidance articles collected by the teacher from a variety of sources such as parenting magazines, books on positive guidance, internet articles, etc. Have each group read their article and then prepare to report to the class a summary of that article. Discuss as a class the value of these articles and what they have learned.

OR

Have the students find an article about positive guidance from any reliable source. To that article they must attach a one-page summary of what they think about the article, what they learned from the article and how it could help them be a better parent in the future. guidance articles. Laminate if possible so they last.

Option 7: Video

Show the video "Parenting Tips from the Pros" DVD ISBN: 978-1-4213-1893-6 VHS ISBN: 978-0-7365-5117-5 www.cambridgeeducational.com

Option 8: Textbook

Have students read Chapter 14 in text "Strengthening Family & Self". Pages 317-343. Students can also answer the review questions.

Option 9: Performance Objective

Have students complete the Performance Objective Worksheet (pdf).

This is a POSSIBLE worksheet to do to meet state competency ARR #9 and ARFL #8. You decide what works for you.

Select three of the following child-rearing problems and apply a positive guidance technique to resolve the problem. Come up with a second positive guidance technique in case the first one doesn't work (because not all children or circumstances respond the same). Use the performance objective worksheet for students to write down their techniques.

Summary/Evaluation

The ultimate goal of discipline is to help that child learn to control him/herself, and to be able to make wise decisions and choices for themselves in the future. A parent is unable to be with a child 24/7 controlling their every move. That child must be able to do that for him/herself. Positive guidance helps that children learn to govern themselves in a productive manner. Using positive guidance benefits the child by teaching the child in a positive and self-esteem building manner.

### Authors

**CTE LESSON PLANS**