

# Consumerism Lecture

## Summary

Students will be introduced to different strategies that will help them become better consumers.

## Main Core Tie

Dietetics and Nutrition 1

[Strand 3 Standard 2](#)

## Additional Core Ties

Dietetics and Nutrition 1

[Strand 3 Standard 1](#)

## Time Frame

1 class periods of 70 minutes each

## Group Size

Individual

## Life Skills

Thinking & Reasoning

## Materials

- Bell Ringer Cards for each student
- Consumerism Study Guide
- Consumerism PowerPoint Presentation

## Intended Learning Outcomes

- Students will practice consumerism and budgeting skills related to food.
- Students will also read and interpret food labels as it applies to nutritional values.

## Instructional Procedures

Teacher and student step-by-step instructions are found below in the "Consumerism Lecture Lesson Plan" attachment.

## Assessment Plan

Instruct the students to fill out the study guide throughout the lecture today. Encourage discussion and answer any questions the students may have throughout the lesson. At the end of class, have the students keep their study guides to prepare for the upcoming test. There will be no homework today.

## Bibliography

[Foods and Nutrition II Curriculum Guide](#)  
from the Utah State Office of Education

## Authors

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