

# Pregnancy

## Summary

Symptoms of pregnancy along with changes the mother will experience. Stages of pregnancy in terms of fetal development.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 5 Standard 2](#)

## Time Frame

2 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Growth and changes during the three trimesters of pregnancy. Prenatal - 40 weeks. Stages: zygote, embryo, fetus. First trimester. Symptoms of pregnancy: nausea, frequent urination, missed menstrual period, etc. Formation of major organs including the heart, formation of face, and long bones. Second trimester mother experiences mood swings, baby's movements are noticeable - muscles, eyes, and ears are complete. Third trimester mother's abdomen enlarges and fatigue is common. Weight gain for entire pregnancy is 25-35 lbs. Baby drops during the last month. Pregnancy Issues: toxemia, ectopic pregnancy, stillborn, spontaneous abortion.

## Instructional Procedures

Day 1: Journal, Text, Video Clips -- Father of the Bride 2, Unit Notes and Discussion. Day 2: Pregnancy Station Rotations

## Authors

[DOREEN ROBINSON](#)