

# Labor and Delivery

## Summary

Stages of labor and delivery. Symptoms the mother might experience.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 5 Standard 3](#)

## Time Frame

2 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Labor and delivery. An epidural is the most commonly used anesthesia. Terms: stages of delivery, dilation, afterbirth, obstetrician; pediatrician, episiotomy, nurturing and bonding/postpartum. Define nurturing and bonding. Touch is critical in the bonding process. Postpartum symptoms.

## Instructional Procedures

Day 1: Journal, Text, Video Clip -- Father of the Bride 2, Unit Notes and Discussion, Video Clip -- The Incredible Human Machine by National Geographic. Day 2: Fieldtrip to Hospital

## Authors

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