

# Self-Management Unit

## Summary

This unit includes: Using Self-Concept, Character & Integrity, Labeling, Values, Goals and Decision Making.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 1 Standard 1](#)

## Time Frame

10 class periods of 70 minutes each

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

See individual days' learning outcomes.

## Authors

[DOREEN ROBINSON](#)