

Health & Safety

Summary

Lesson on health in the child care, including snacks. Also includes safety.

Main Core Tie

Child Development

[Strand 7](#)

Time Frame

3 class periods of 60 minutes each

Group Size

Large Groups

Life Skills

Thinking & Reasoning, Communication, Social & Civic Responsibility, Employability

Materials

Power point projector, cook books with creative snack ideas.

Background for Teachers

Certification in First-aid and CPR is helpful. Jill Wallace comes each year to certify my whole class (801-352-7353).

Student Prior Knowledge

First-aid and CPR training is helpful.

Intended Learning Outcomes

Students will plan health snacks for children. Students will integrate health and safety knowledge into the classroom setting and curriculum.

Instructional Procedures

Power Point presentation should be separated into three different days of instruction (Healthy Snacks, Health, Safety). Follow lesson plan ideas for activities.

Assessment Plan

Students will have an acceptable score on quiz. Provide a list of creative snack ideas.

Educators:

Contact resources@uen.org using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

Bibliography

State Curriculum Guide, "Introduction to Early Childhood Education" by Brewer.

Authors

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