Note: Prepare samples and attach to poster board or put in sheet protectors with step-by-step instructions. Edit the instructions to match your individual teaching strategies.

**5 STEPS TO MAKING ELASTIC CASINGS**

1. **PRESS THE UPPER EDGE TO THE WRONG SIDE OF THE FABRIC ¼” WIDER THAN THE ELASTIC OR DRAWSTRING YOU ARE USING.**

2. **UNFOLD THE PRESSED EDGE AND FINISH TO PREVENT FRAYING BY CLEAN FINISHING OR SERGING.**

   *TO CLEAN FINISH TURN THE UPPER EDGE ½’ TO THE WRONG SIDE OF THE FABRIC AND STITCH CLOSE TO THE FOLDED EDGE

   *TO SERGE, TRIM OFF ¼ INCH WHILE SERGING.

3. **TO STITCH THE CASING, PIN THE FOLDED EDGE IN PLACE AND STITCH CLOSE TO THE CLEAN FINISH OR SERGED EDGE.**

   *IT LOOKS BEST IF STITCHED WITH THE RIGHT SIDE OF THE FABRIC UP. FIND A LINE ON THE STITCH PLATE TO GUIDE ALONG WHILE STITCHING. BE SURE TO LEAVE A 2-3 INCH OPENING AT THE CENTER BACK TO INSERT THE ELASTIC.

4. **CUT THE ELASTIC THE CORRECT LENGTH FOR THE PROJECT ALLOWING 1” TO OVERLAP THE ELASTIC ENDS.**
Simpler Sewing in Clothing 1/Sports Sewing Through Using Sample Posters

STANDARD 6

Students will demonstrate basic construction techniques.

Objective 2: Construct an appropriate casing for the project (1/4” wider than the elastic or draw cord)

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6. Posters below each used ½ sheet poster board (This was to accommodate the sewing room they will hang in. Adjust layout and size according to your needs.)