Simpler Sewing in Clothing 1/Sports Sewing Through Using Sample Posters STANDARD 6

Students will demonstrate basic construction techniques.

Objective 2: Construct an appropriate casing for the project (1/4" wider than the elastic or draw cord)

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Note: Prepare samples and attach to poster board or put in sheet protectors with step-by-step instructions. Edit the instructions to match your individual teaching strategies.

## 5 STEPS TO MAKING ELASTIC CASINGS

- 1. PRESS THE UPPER EDGE TO THE WRONG SIDE OF THE FABRIC ¼" WIDER THAN THE ELASTIC OR DRAWSTRING YOU ARE USING.
- UNFOLD THE PRESSED EDGE AND FINISH TO PREVENT FRAYING BY CLEAN FINISHING OR SERGING.
  - \*TO CLEAN FINISH TURN THE UPPER EDGE ¼' TO THE WRONG SIDE OF THE FABRIC AND STITCH CLOSE TO THE FOLDED EDGE
  - \*TO SERGE, TRIM OFF ¼ INCH WHILE SERGING.
- 3. TO STITCH THE CASING, PIN THE FOLDED EDGE IN PLACE AND STITCH CLOSE TO THE CLEAN FINISH OR SERGED EDGE.
  - \*IT LOOKS BEST IF STITCHED WITH THE RIGHT SIDE OF THE FABRIC UP. FIND A LINE ON THE STITCH PLATE TO GUIDE ALONG WHILE STITCHING. BE SURE TO LEAVE A 2-3 INCH OPENING AT THE CENTER BACK TO INSERT THE ELASTIC.
- 4. CUT THE ELASTIC THE CORRECT LENGTH FOR THE PROJECT ALLOWING 1" TO OVERLAP THE ELASTIC ENDS.

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- 5. ATTACH A SAFETY PIN THE TO ONE END OF THE ELASTIC AND THREAD THROUGH THE CASING. TRY THE GARMENT ON AND CHECK TO BE SURE THE ELASTIC FITS COMFORTABLLY. OVERLAP THE ENDS OF THE ELASTIC AND STITCH SECURELY. PULL THE ELASTIC TO THE INSIDE OF THE CASING AND STITCH THE OPENING CLOSED.
- 6. Posters below each used ½ sheet poster board (This was to accommodate the sewing room they will hang in. Adjust layout and size according to your needs.)



