Child Development

RAFT R – Role = Fetus A – Audience = Mom F – Format = Letter T – Topic = Prenatal Care

You will take on the role of a fetus growing inside of its mom. Think about what you would want your mom to know about you. What kinds of things would you want her to do to take good care of you before you are born? What kinds of things would you want her to avoid that may cause harm to you while you are inside of her? Writing your ideas down may help you to gather your thoughts.

After you think about these ideas, write a letter from the fetus to its mom that outlines your thoughts. In addition to identifying what you want the mom to do or not do, you need to explain to her why you are telling her these things. For example: If you want her to eat healthy foods during pregnancy, tell her why that will be so good for you too. If you want her to avoid drinking alcohol while she's pregnant with you, explain the harm that can come to you if she drinks during pregnancy.

Your letter should follow the following format:

Dear Mom,

Write 3 to 4 paragraphs, as a fetus to your mom, explaining what you want your mom to <u>do</u> or <u>not do</u> while she is pregnant with you. You must include at least <u>8</u> things she should or should not do, and <u>why</u>.

Love, Fetus

#### Note to Teachers:

This assignment completes Child Development Performance Documentation 3: Identify at least four critical components of prenatal care (nutrition, folic acid, drugs, alcohol, tobacco, medical care, etc.) and explain the effects of each component (good or bad) on the developing fetus.

At the end of the prenatal unit, students are given approximately 20 minutes to complete this letter in class. After they write their letters, we clear everything off their desks, with the exception of the letters, and we do a Hot Seat activity where they have to get up and find another desk, in another row, and read the letter that is there. We rotate through this Hot Seat activity about three times. After students have read three letters, I always ask them to identify a letter they think is exceptional that we need to hear. I usually have one or two students raise their hand and ask the students who wrote the letter if they are okay with it being read aloud. The letters can be read by the student who wrote the letter or by the student who suggested we read the letter, whomever is more comfortable reading aloud in class. After each letter is read aloud, we clap for the student who wrote it. Depending on the class, all of this takes about 45 to 50 minutes.

I love this activity, and more importantly, the students enjoy this activity. By the end of the period students have written what they know, read three letters that other students have written, and listened to one or two letters read aloud. The letters are wonderful and really showcase what the students learned about prenatal care. There is a lot of feeling in them, and I think this is an activity the students can really connect with.

#### Janae Blank Child Development Ideas

#### Websites and apps

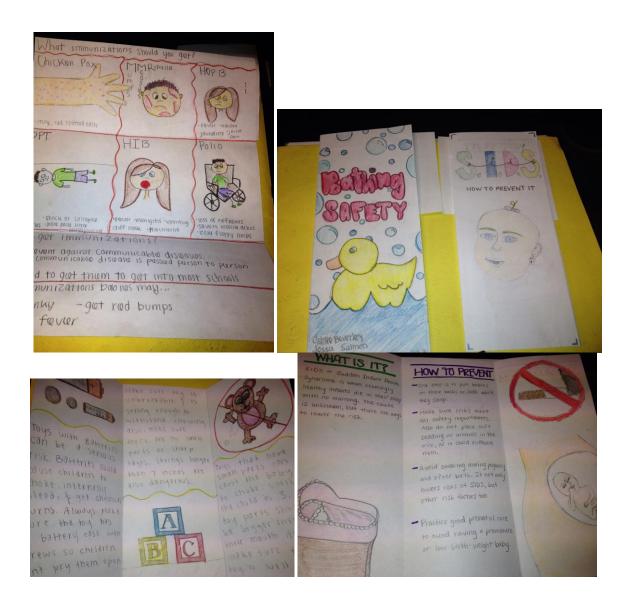
Nearpod

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#### Safety Pamphlet Project



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Period \_\_\_\_\_

Baby Articles: Write 20 statements from different AF	RTICLES about BABIES: crying,
newborn characteristics, newborn care, etc. (Articles may be from mag	azines or Internet)

#### 10 Articles (10 points / article summary) = 1 weekend of REAL CARE Computer Baby

#### #1 Article Title \_\_\_\_\_

Website/Magazine		
1.	11.	
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#2 Article Title		
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#3 Article Title	
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#4 Article Title	
Website/Magazine	
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<b>#5 Article Title</b>	
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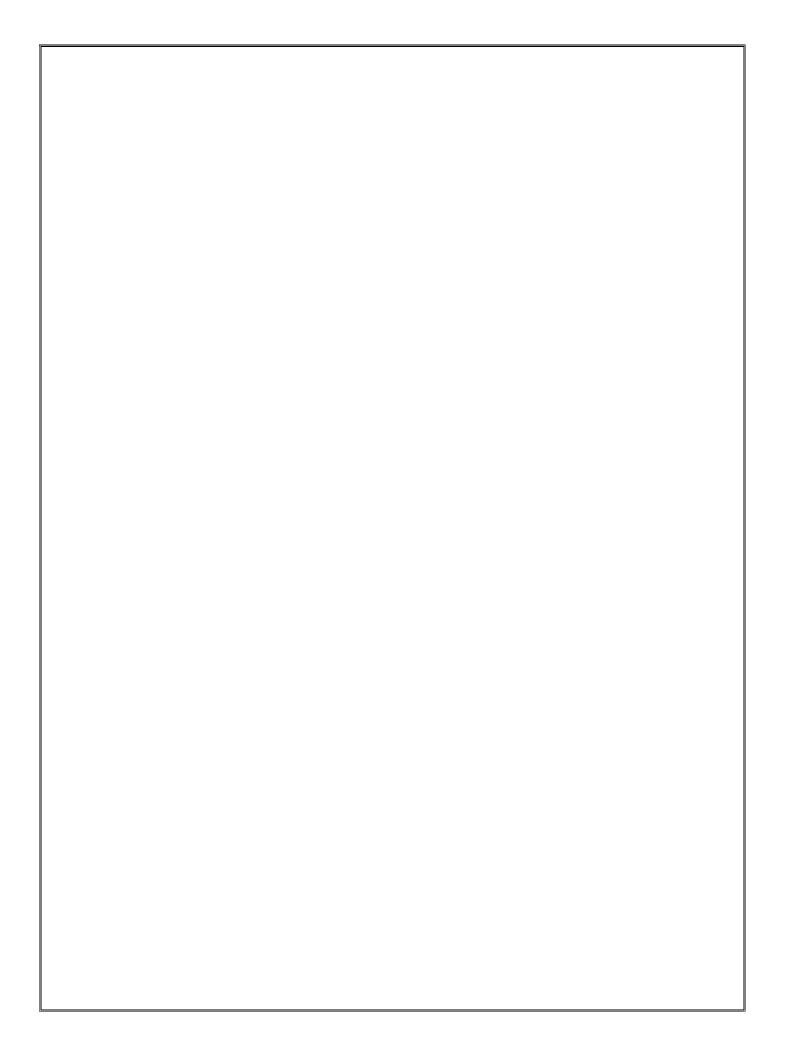
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#7 Article Title	
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<b>#8 Article Title</b>	
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#9 Article Title	
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<b>#10 Article Title</b>	
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Name	Period	About Ma	
My Family Blog Logo Family Motto		About Me	
Use 10 vocabulary words - underline or circle the term. ${ m Followers}$			
Create a visual for each entry. DATE – Labor & Delivery / Newbo	<b>)</b> #19		
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Use 10 vocabulary words - underline or circle the term. Create a visual for each entry. $DATE-TODDLERS$			

VISUAL

Use 10 vocabulary words - underline or circle the term.

Create a visual for each entry.

VISUAL

	DREN'S Assignment for Comput	
relate to a topic that we h	illustrate a children's book. have talked about in Child De al development and care, ne	evelopment (self-
name and class Correct CONTEN ILLUSTRATIONS ( copyrighted) Be COLORFUL a Look PROFESSIO	book title, illustration that rep period. <b>IT INFORMATION</b> hand drawn, computer graphic	cs that is not c.)
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<b>TITLE PAGE:</b> book title, book, your name and Correct <b>CONTENT INFO</b>	DREN'S BOOK R illustration that represents class period DRMATION drawn, computer yrighted)	UBRIC /10 /30
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### **AFTERBIRTH**

Placenta 3<sup>rd</sup> Stage of labor

#### **AMNIOTIC FLUID**

Liquid

Secure

Surround

#### **AMNIOTIC SAC**

Uterus

Cushion

Amniotic

### **APGAR TEST/SCORE**

Newborn

Health

Test

### **Autonomy**

Independence

Decisions

Dressing

### **Biological**

Genes Parents

Born

### **Birth Defect**

Problems Health

Birth

### **BONDING**

Emotional Bond

Attachment

#### **CAESAREAN SECTION**

Surgery

Abdomen

**C-Section** 

#### **CERVIX**

Uterus

Lower

### CONGENITAL

Birth

#### **CONJOINED**

Twins

Joined

Together

### **CONSISTENT**

Continually

Same

### **CONTRACTIONS**

Pain

Muscle

Labor

### **COOPERATIVE PLAY**

Interact

Play

Children

#### **CHROMOSOME**

Cell

23

Pairs

### **COGNITIVE**

### **CONCEPTIION**

Sperm

Fertilize

Ovum

### **COPING STRATEGIES**

Understanding

#### **CROWNING**

Birth

Head

Appear

#### **DEVELOPMENT**

Learning

Growing

## **DIALATE/ DIALATION**

Widen

Open

Cervix

#### DISIPLINE

Misbehave

Punish

Behave

## **EFFACE/EFFACMENT**

Thinning

### EGOCENTRIC

### **EMBRYO**

Developing

Baby

3<sup>rd</sup> Week

### **EMOTIONAL**

Feeling

Express

### **EPIDURAL**

Medicine

Pain

Labor

#### **EPSIOTOMY**

Small

Surgery

Mother

### **FONTANELS**

Head Bones

Dones

Space

#### **FALLOPIAN TUBE**

Ovary

Uterus

Tube

### **FRATERNAL**

Different

Opposite

Twins

### <u>FAS</u>

Fetal Alcohol Syndrome Alcohol Birth Defect

## <u>GENE</u>

Characteristics Inherited Parents

**GENETIC DISORDER** 

### <u>FETUS</u>

Developing 8<sup>th</sup>-9<sup>th</sup> week

### FOLIC ACID

#### **GROWTH**

Old

Development

Change

#### **GUIDANCE**

Behave

Learn

Understanding

#### **IMMUNIZATION**

Shot

Medicine

#### **INTELLECTUAL**

Learn

Speak

Understand

#### **HEREDITY**

Biological

Characteristics

Generations

#### **HUMILIATION**

Fool

#### **IDENTICAL**

Look alike

Same

Twins

#### **INTUMIDATING**

Big

Scary

### **JOSTING**

#### **LABOR**

Birth

Painful

Baby's Ready

#### LOGICAL CONSEQUENCE

Connection

Misbehavior

Consequence

### LOW BIRTH WEIGHT

Underweight

Disability

#### MISCARRIAGE

Fetus Dies

### NATURAL CHILDBIRTH

### NATURAL CONSEQUENCE

Actions

Misbehavior

NATURE

Heredity

### **NEURAL TUBE DEFECT**

### MORAL

Ethical

**Right choice** 

## MOTOR SKILLS

Gross & Fine skills Small & large Skills Learning

#### **NURTURE**

Love

Support

Enrichment

#### **OBJECT PERMANCE**

Exist

Leave the Room

#### PARALLEL PLAY

Play

Alone

Independent

#### **OBSTETRICIAN**

Doctor

Pregnancy

Childbirth

# **PEDIATRICIAN**

Doctor

Kids

### OVARY

#### **OVULATION**

**Menstrual Cycle** 

Period

#### <u>OVUM</u>

Egg

Cell

### PERINEUM

### **PHYSICAL**

#### **PLACENTA**

Afterbirth Child's Nutrients

#### **PLACENTA PREVIA**

**Blood Pressure** 

Urine

Protein

#### **PREMATURE**

Early Birth

Undeveloped

#### **PRENATAL**

Development

Pregnancy

Growing

#### PRESCHOOLER

3-5 years old

#### **PUNISHMENT**

Misbehave

Consequence

Responsibility

### **REDIRECTION**

Other paths Choice

#### **REFLEXES**

Instinct

Automatic

Response

### **REINFORCEMENT**

Strict

### **REDICULE**

Humiliate

Fool

Embarrassed

### ROLE PLAY

Imagination Make Believe Play

#### **SELF HELP SKILLS**

#### **SENSES**

Hear

Taste

Smell

Touch

See

#### <u>SIDS</u>

Sudden Infant Death Syndrome

Unexpectedly

Sudden

#### **SOCIAL**

Friendly

Interact

### **SEPERATION ANXIETY**

Missing

Cry

### SOLITARY PLAY

### **SPONTANEOUS**

Unplanned

### **STILLBIRTH**

Die

Fetus

20<sup>th</sup> week

### SHAKEN BABY SYNDROME

Shake baby

Abuse

### <u>SHOW</u>

### **STRANGER ANXIETY**

Unknown

Unfamiliar people

**SYNDROME** 

Diagnose

TIME OUT

Punishment

### **UMBILICAL CORD**

Tube to fetus

Nutrients

Placenta

### **UTERUS**

Woman

Organ

### TODDLER

1-2 years

Trouble

## VAGINAL CHILDBIRTH

### **ZYGOTE**

Fertilized Egg

#### TOXEMIA

Infection

Parasite

### **TRAIT**

Characteristic

Inherited

#### ERICK ERICKSON - JEAN PIAGET - ABRAHAM MASLOW Child Development Theorists FACEBOOK page

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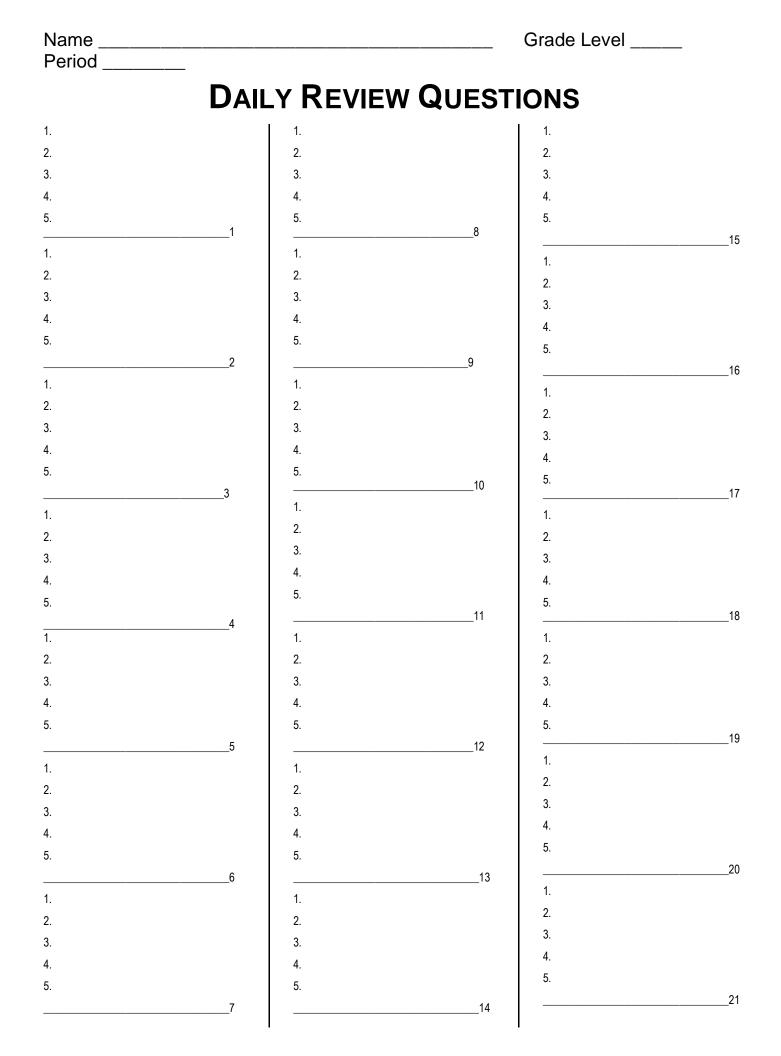
Select one of the above theorists and create a Facebook page for him. Create a visual bar related to theory, photo, facts about the theorists, friends and posts from theorists and friends. Include COLOR, GRAPHICS and CORRECT INFORMATION about theorist.

Name theorist and visual related to theory:

Photo	4 FACTS About Me	Friends
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# **DAILY OBJECTIVES/ PARTICIPATION**

Date	Daily Objective	Points	Stamp A-T-Ex-V
<u> </u>			

points per day may be earned for	CODE FOR PARTIC	IPATION DEDUCTIONS
ATTENDANCE & PARTICIPATION. $A = Absent$ $T = Tardy$ $ = Check In / Out$ $Ex = Excused Absence$ $V = Vacation$ $HH = Home$ $Hospital$ $HP = Hall Pass$	1 = TALKING / DISRUPTIVE 2 = CELL PHONE / HEADPHONES 3 = SLEEPING 4 = OTHER HOMEWORK	5 = TABLE NOT CLEANED UP 6 = EATING OR DRINKING IN CLASS 7 = LEFT CLASS EARLY 8 = DRESS CODE / LANGUAGE

Name	Period	About Me
My Family Blog Logo Family Motto		About me
Pre-na Followers Use 8-10 vocabulary words (define term as you use it in sentence) - under 2-3 paragraphs - Create a visual / graphic (hand drawn, computer image, Date:	rline or circle the term.	*********
		· · · · · · · · · · · · · · · · · · ·

Visual	Vocabulary: Prenatal Discomforts of pregnancy - Genetics - Rh Factor – Pre-eclampsia - Premature - Zygote - Embryo - Fetus – Umbilical Cord – Placenta - Amniotic Fluid - Amniotic Sac – Uterus - Fallopian Tubes – Ovaries 40 weeks/Gestation – Quickening –Trimester – Lightening Amniocentesis – Ultrasound
Labor &	Delivery
Use 8-10 vocabulary words (define term as you use it in ser Create a visual / graphic (hand drawn, computer image, or r DATE:	

Visual / Graphic	Vocabulary: Labor & Delivery Braxton-Hicks - Show – Cervix - Contractions - Dilation Effacement – 0 to 10 centimeters 1 <sup>st</sup> Stage of Labor / Contractions – Crowning 2 <sup>nd</sup> Stage of Labor / Actual Birth 3 <sup>rd</sup> Stage or Labor / Afterbirth - OB/GYN - Midwife Epidural – Episiotomy – Forceps
Newborn	/ Infant
Create a visual / graphic (hand drawn, computer image, or m DATE:	agazine) for this entry.

Visual / Graphic	Vocabulary: Newborn Apgar Score - Circumcision - Cradle Cap - Ears/Hearing Eyes/Sight - Fontanels - Head Proportion - Lanugo - Milia Mongolian Spot - Mouth/Taste - Neonate - Nose/Smell Skin/Touch - Stork Bite - Umbilical Cord - Vernix Molded / Oblong Head – Jaundice Reflexes (Rooting (sucking), Startle (Moro), Grasp (Palmer=fingers / Planter=toes), Babinski (toes fan when foot stroked)
	Vocabulary: Infant Trust vs. Mistrust (Erickson) - Shaken Baby Syndrome – Colic SIDS (Sudden Infant Death Syndrome) - Sensory Motor (Piaget) Stranger Anxiety - Separation Anxiety - Object permanence

# TODDLER / Preschool age / + Guidance

Use 8-10 vocabulary words (define term as you use it in sentence) - underline or circle the term. 2-3 paragraphs Create a visual / graphic (hand drawn, computer image, or magazine) for this entry.

#### DATE:

Visual / Graphic	Vocabulary: Toddler Child Proofing - Self-helps - Toilet training - Negativism/Tantrums
	Egocentric - Autonomy vs. Shame & Doubt (Erickson)
	Language development: (nouns/verbs/adjectives/adverbs) DAP (Developmentally Appropriate Practices)
	<b>Vocabulary: Preschool Age</b> Preoperational (Piaget) - Initiative vs. Guilt (Erickson) Solitary Play - On-looker – Parallel Play - Co-operative Play
	Vocabulary: Positive Parenting Skills Reasons for Misbehavior Redirect - Choices - Positive Statements - Set Limits - Time Out Natural & Logical Consequences