5 Projects in One Quarter = 9 Completed Performance Objective for Clothing 1

Summer Conference

2015

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Welcome to Clothing I

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I am very excited to be your Family and Consumer Science Teacher. There will be materials and supplies that you will need to provide for the class. Below is the list:

Project	Supplies Needed	Skill To Master
1. Wallet	For the first 4 projects: • ½ yard woven cotton fabric • ½ yard of coordinating woven cotton fabric • 1 spool of Matching all-purpose thread	• Layout • Seam Allowance • Pressing • Notching • Sewing a Button
2. Bookmark/ Headband		• Seam Finishing • Sewing a Button
3. Headband		• Layout • Casing
4. Monster Doll		• Patch Pocket • Layout • Seam Allowance • Top-Stitching
5. I-pod or cellphone case	• 1 piece of felt	• Non-woven fabrics • Interfacing • Hand stitching

- **Supplies for projects 1-5 are due January 15th, 2015**

Please answer the following questions and return disclosure on January 9th, 2015

Projects

☐ I will provide all of my fabric for my sewing projects.

☐ I cannot provide my fabric but would be willing to purchase kits: Projects 1-5 $5.00

☐ I cannot provide any fabric and will need an alternative assignment.

Student Printed Name Class Period

Parent Signature

I look forward to working with your student.

Mrs. Johnson

FACS

Remember Fabric for the first 5 projects are due January 15, 2015

Performance Objectives Demonstrated:

WALLET

5 Demonstrate the correct basic pattern layout, cutting, and pattern marking techniques

#6 Construct correct seam allowances with appropriate edge and seam finishes

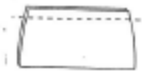
#7 Apply correct pressing techniques during project construction.

#11 Attach a button by using a hand needle and thread.

#13 Demonstrate the ability to follow guide-sheets/instructions throughout the project construction.

WALLET SEWING INSTRUCTIONS:

1. Right sides together, layer pocket 1 and sew across the top edge, using a ¼" seam.
   Repeat for pocket two and three.

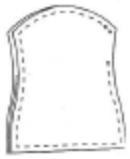


2. Turn right sides out and PRESS

3. Using the main body piece, lay it right side up. Lay pockets on it, starting with pocket 3, using the side of the bottom edges as your guide. Continue, using pocket two and pocket one.

4. Lay main body piece, right side down, on top of the pile.

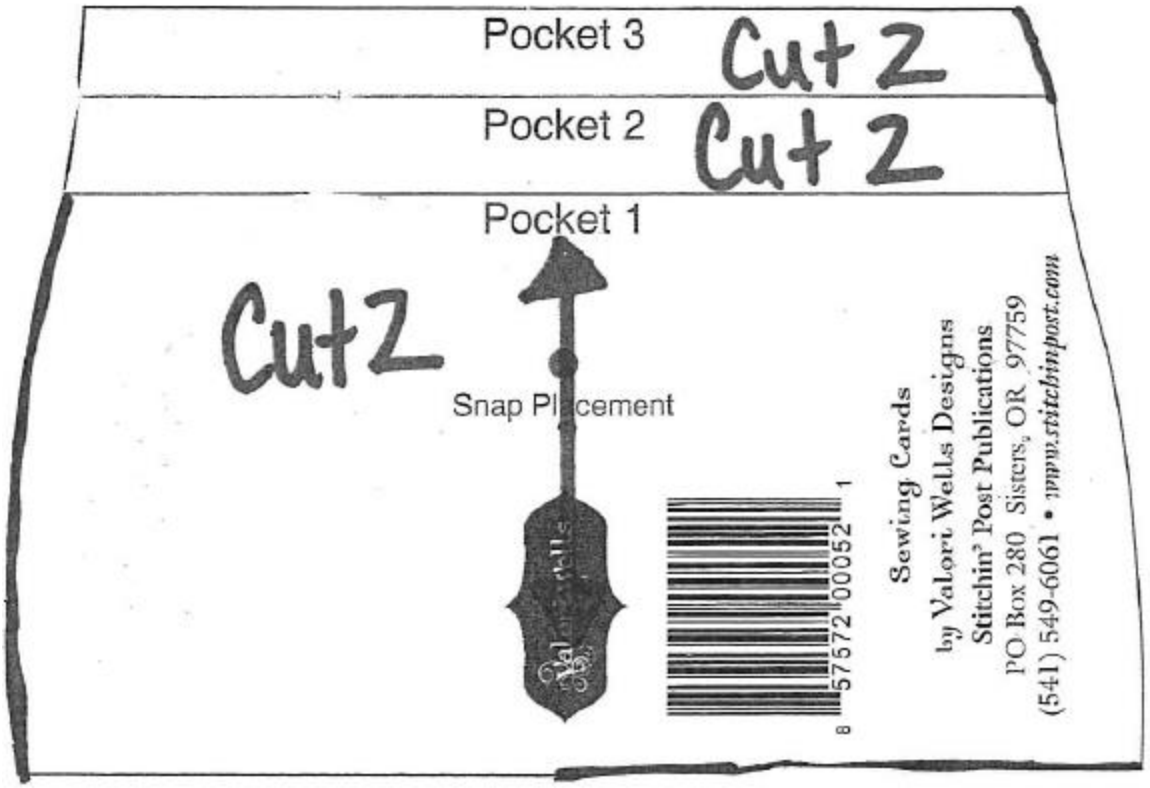
5. Using a ¼" seam and backstitching both at the start and the finish, from the indicated starting point, sew across the top flap of the wallet, down the side, across the bottom, and up the side to the stopping point.



6. **NOTCH** the top edge of the wallet and CLIP the corners.

7. Turn the right side out. Press.

8. TOP-STITCH 1/8" around the entire wallet closing the opening.
9. Sew on button don't forget to make a shank.


Pocket 3
Cut 2
Pocket 2
Cut 2
Pocket 1
Cut 2
Snap Placement
Sewing Cards
by Valori Wells Designs
Stitchin' Post Publications
PO Box 280 Sisters, OR 97759
(541) 549-6061 • www.stitchinpost.com

ed size: 4 3/4" x 3 3/8"

er you make this little wallet to help you create some order in
e, or to give as a gift, it is a hip and simple solution for anyone.
everyday, or for when you travel–for quick access to your id,
cards, and a little cash. So cute and so functional...

als

rd of two different fabrics (fat quarters will work)
piece of interfacing
snap

g Instructions

he patterns for each of the three pockets
e main body. Cut out the patterns.

o from each of the patterns.
he snap position on one of pocket 1 fabrics
e of the main body fabrics (the inside one).

g Instructions

nt sides together, layer pocket 1 and sew
the top edge, using a 1/4" seam.
1. Turn right sides out and press.

for pocket 2 and pocket 3.

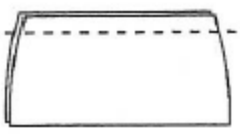


Fig. 1

owing the manufacturer's instructions, place the
cing on the wrong side of the main body fabric.

stion:

e piece you have marked the snap pl

Figure 2.
Continue, using pocket 2 an

Lay main body piece, right side
on top of the pile.

3. Using a 1/4" seam and backtackin
both at the start and the finish,
from the indicated starting point,
sew across the top flap of the wallet,
down the side, across the bottom,
and up the side to the stopping point.

Figure 3.

Be sure to backtack at both the start
and the finish of this sewing.
Trim and clip corners.
Turn right side out.
Press.
Whip stitch the opening closed.

Figure 4.
Top-stitch 1/8" from the top edge
of the top flap of the wallet.

Performance Objectives Demonstrated:

Book Mark

#6 Construct correct seam allowances with appropriate edge and seam finishes.

#11 Attach a button by using a hand needle and thread.

Finished Edge Bookmark

Step 1:
Cut 2 coordinating 17 inch by 2 inch strips of fabric.

Step 2:
Place them wrong sides together. (pretty sides out) and **Press them**.

Step 3:

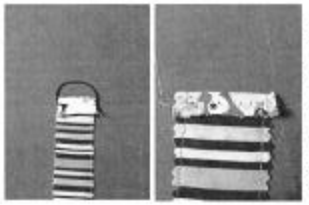
Using a straight stitch sew the fabric together on the long sides of the fabric with a ¼ seam allowance backstitching at each end. Repeat so that both the left and right long sides are stitched together.

Step 3:

Using the pinking shears, trim the excess fabric from your seam allowance on both sides of the bookmark.

Step 4:
Serge only one short side of the bookmark

Step 5:
Zig zag only one short side of the book mark (do not fold)



Step 6:
Using a seam gauge...
Press the serged edge to have a ¾ inch seam allowance insert the hair elastic.
Press the zig zag edge to have a ½ inch seam allowance.

Step 7:

Using a straight stitch sew the elastic into it's casing just above the serged edge of the book mark.

Step 8:

Using the a straight stitch sew a hem on just above the zigzagged edge of the book mark

Step 9:

Place the button on the outside of the zig- zag finished edge of the bookmark in the center. Using a needle and thread sew on the button according to the directions on the goldenrod button and button hole handout.

Step 10:

Evaluate your work and then complete the evaluation. Cut the evaluation off of the instruction and tape the evaluation to the book mark and turn it into Mrs. Johnson

Name:

Bookmark

Rubric

Performance Objective #5	**Demonstrated the correct pattern Layout**	**1 2 3 4 5**
Performance Objective #6	**Pinking Shears**	**1 2 3 4 5**
Performance Objective #6	**Serged Edge**	**1 2 3 4 5**
Performance Objective #6	**Zig-Zag Edge**	**1 2 3 4 5**
Performance Objective	**Attached a button by**	**1 2 3 4 5**

#11	**using a hand needle and thread**	
Overall Appearance		**30 points**

Performance Objectives Demonstrated:

HeadBand

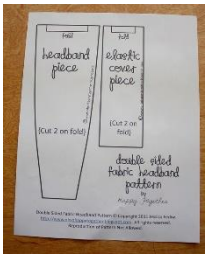
5 Demonstrate the correct basic pattern layout, cutting, and pattern marking techniques.

#6 Construct correct seam allowances with appropriate edge and seam finishes

#7 Apply correct pressing techniques during project construction.

#8 Construct an appropriate casing for the project.

#13 Demonstrate the ability to follow guide-sheets/instructions throughout the project construction.



Always back stitch at the beginning and end of sewing, unless otherwise stated.

Seam allowances are 1/4" unless otherwise stated.

1. Once you print out your pattern, cut the pattern pieces out.

2. Cut out two pieces for the headband, making sure the pattern piece is on the fabric fold.

3. Cut out two pieces for the elastic cover (if you make your elastic piece longer, increase the length of these pieces as well). Again, make sure the pattern piece is on the fabric fold.

4. Cut your piece of elastic to be 5.5″ long.

5. Place the headband fabric piece and elastic cover fabric piece down, right sides facing up. Then place the second pieces on top of them, right sides facing down. Make sure to match up the sides and pin together.

6. Sew down the sides of the headband and the elastic cover.

7. Turn each piece right side out using a safety pin.

8. I use a long stick to push out the seams from the inside and then iron, but you can just iron each piece if you like. I just don't like the fabric overlapping on the sides too much.

9. Now take the elastic cover piece and sew down each long side. This creates a middle casing for the elastic.

10. Add a safety pin to the end of the elastic and start to slide the elastic through the elastic cover. Make sure to stop before the end without the safety pin is inside.

11. Once the side without the safety pin is at the opening, sew it in place so it won't go anywhere.

12. Continue to push the safety pin through the casing until the other end of the elastic is at the other edge. Sew that in place as well.

13. On each end of the headband piece,

turn in some so no raw edges are showing.

14. Slip in the elastic band until the place where you sewed is no longer visible and sew in place.

15. Repeat #14 on the other side.

16. Top stitch the sides of the headband part if desired (I sew closer to the edge than 1/4″).

PATTERN: www.happytogetherbyjess.com

Name:

Heading Band

Rubric

Objective: Construct a correct casing, identify pattern symbols for correct layout, use correct seam allowance, neatly topstitch.

Performance Objective #5	Demonstrate the correct basic pattern layout, cutting, and pattern markings.	1 2 3 4 5 Did you check with Mrs. Johnson before you cut? YES or NO
Performance Objective #7	Apply correct pressing techniques during the project construction.	1 2 3 4 5 Did you press after turning your fabric right side out? YES or NO
Performance Objective #8	Construct an appropriate casing for the project?	1 2 3 4 5
Performance Objective #6	Followed the guide sheet and used ¼ inch seam allowance.	1 2 3 4 5
Overall appearance	Topstitching neat and no threads hanging	1 2 3 4 5
TOTAL	25 points	

Performance Objectives Demonstrated:

Technology Case

#14 complete one or more of the following hand-stitches:
Whip Stitch

Project: Ipod or phone case

Vocabulary words:

Non-woven fabric- Making fabric **without knitting or weaving**.

Felt comes in a variety of thicknesses, are easy to shape, will not unravel, and has shock and sound absorbency.

1. Felt will not recover from **stretching**, and holes in it cannot be mended satisfactorily.

handsewn- sewn by hand rather than machine.

whipstitch- To sew with overcast stitches, as in finishing a fabric edge or binding two pieces of fabric together.

fusible- A non-woven fabric used to strengthen and stabilize other fabrics. (the one used today is a double-sided fusible, which means it's heat activated adhesive on both sides.)

needle- A small, slender piece of metal with a sharp point at one end and a hole, or "eye" at the other. Used for hand sewing.

Equipment needed: Felt, embroidery floss, embroidery needle, double-sided fusible interfacing, fabric scraps, iron and ironing board.

Measure your mobile device.

Add one inch. (phone width + one inch=case size) if your phone is unusually thick you may need to add 1 ½ inches.

Choose 1 piece of felt this will be the fabric for the case.

Cut a piece of felt LONG wise the width of your case.

Select a pattern and the scraps you want to use for your cover.

Being conservative with the interfacing, get enough to cover the fabric for your pattern pieces. I suggest fusing the interfacing to the fabric and THEN cutting out the pattern pieces.

Using double sided fusible interfacing make the fusible sandwich we are using paper to protect the iron and ironing board from any fusible glue that may damage the iron or ironing board.

Fusible sandwich should be layered like this =

Ironing board, Piece of paper, fusible-glue side up, fabric-pretty side up then another piece of paper. Hold the iron on the fusible sandwich for 20 seconds.

Pin the pattern to your fused scraps. Cut out your pattern pieces.

Fold your felt in half width wise or hamburger way.

Remove the paper backing from the interfacing and set the pieces were you want them to go on your folded felt. Place a piece of paper on top of the fabric. (this protects the iron from any fusible glue)

Hold the iron on the case for 20 seconds.

When the design in ironed on UNFOLD THE FELT.

Handsewing:

Get your embroidery floss and needle from your teacher. **Remember half of your grade is in returning the leftover floss and the needle!

With the felt unfolded you begin whip stitching around all the edges of the design pieces. Stitch the entire design then tie a knot on the inside of the case.

Now you will begin to whip stitch the **top short** edge of your felt. Clip embroidery floss and on the long end of the embroidery floss tie another knot.

Now **fold the felt in half** with the design showing.

In the bottom corner on the inside of the case begin Your whipstitch sewing through both layers of the felt. Make small stitches to ensure your phone will fit in your completed case.

When you get to the top be sure to only whipstitch the top edge that isn't already done. (if you go through both layers you will sew your bag shut.

Name:

Technology Case

Rubric

Performance Objective	Description	Grading Scale
Objective #5	Demonstrated the correct patter layout	1 2 3 4 5
	Demonstrate how to use	1 2 3 4 5

	interfacing.	
Objective #13	**Followed the instructions**	**1 2 3 4 5**
Objective #14	**Completed a whipstitch**	**1 2 3 4 5**
Total		**20 points**

Performance Objectives Demonstrated:

MONSTER DOLL

#6 Construct correct seam allowances with appropriate edge and seam finishes

#7 Apply correct pressing techniques during project construction.

#9 Construct a patch pocket with mitered corners and reinforced top corners.

#10 Construct a buttonhole

#14 Complete one or more of the following hand-stitches.

NAME:

MONSTER DOLL RUBRIC

PERFORMANCE OBJECTIVE #9	PATCH POCKET	10 PTS _____
PERFORMANCE OBJECTIVE #10	BUTTON HOLE	10 PTS_____
	USED A FUSIBLE	10 PTS_____
PERFORMANCE	WHIP	10 PTS_____

OBJECTIVE #14	STITCHED OR MACHINE STITCH AROUND FACE	
	ARM OR LEG OR BOTH	10 PTS _____
PERFORMANCE OBJECTIVE #14	BLIND STITCH	10 PTS _____
	TOTAL	60 POINTS _____