Period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Kitchen #\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sustainable Seafood

Below is part of a menu from a restaurant claiming to serve sustainable seafood. As a group you will assess the following menus to determine if the seafood being served is sustainable. Go to www.nmfs.noaa.gov/fishwatch for information.

**Menu**

Mahi Mahi

Seafood Combination

(American lobster, clams, crab)

Pacific Halibut

|  |  |  |  |
| --- | --- | --- | --- |
| Menu item | Overfishing? | Bycatch? | Notes |
| Mahi Mahi |  |  |  |
| Seafood Combo  American Lobster |  |  |  |
| Seafood Combo  Clams |  |  |  |
| Seafood Combo Crab |  |  |  |
| Pacific Halibut |  |  |  |

Period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Kitchen #\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Menu**

Sea Scallops

Seafood Volcano

(American lobster, shrimp, crab)

Fish and Chips (Cod)

|  |  |  |  |
| --- | --- | --- | --- |
| Menu item | Overfishing? | Bycatch? | Notes |
| Sea Scallops |  |  |  |
| Seafood Volcano  American Lobster |  |  |  |
| Seafood Volcano  Shrimp |  |  |  |
| Seafood Volcano  Crab |  |  |  |
| Cod |  |  |  |

Period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Kitchen #\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Menu**

Fried Atlantic Clams

Fisherman’s Linguini

(Clams, Longfin Squid, Pacific Sardines)

Stuffed Flounder

|  |  |  |  |
| --- | --- | --- | --- |
| Menu item | Overfishing? | Bycatch? | Notes |
| Atlantic Clams |  |  |  |
| Fisherman’s Linguini  Clams |  |  |  |
| Fisherman’s Linguini  Longfin Squid |  |  |  |
| Fisherman’s Linguini  Pacific Sardines |  |  |  |
| Stuffed Flounder |  |  |  |

Period:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Kitchen #\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sustainable Seafood

Below is part of a menu from a restaurant claiming to serve sustainable seafood. As a group you will assess the following menus to determine if the seafood being served is sustainable. Go to www.nmfs.noaa.gov/fishwatch for information.

**Menu**

Red King Crab Legs

Crab Stuffed Yellowfin Sole

North Atlantic Swordfish

North Atlantic Albacore Tuna

|  |  |  |  |
| --- | --- | --- | --- |
| Menu item | Overfishing? | Bycatch? | Notes |
| Red King Crab Legs |  |  |  |
| Stuffed Yellowfin Sole |  |  |  |
| Crab Stuffing |  |  |  |
| North Atlantic Swordfish |  |  |  |
| North Atlantic Albacore Tuna |  |  |  |

Reflection

1. Why should a consumer care about the sustainability of seafood?

2. How does Fish Watch define sustainability?

3. How would you respond to this restaurant’s claim of using only sustainable seafood?

4. Were all the menu items clear about what type of fish the restaurant was offering?