Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Microwave Cooking - What Ingredients Heat Up the Fastest?**

1. Rank the following food items based on which you think will be the hottest after cooking for 10 seconds in the microwave. (1 = will be the hottest; 4 = will be the least hot)

Hypothesis:

½ slice of bread \_\_\_\_\_\_ 1 C water (in LMC) \_\_\_\_\_\_ 1 T margarine \_\_\_\_\_\_ ½ donut \_\_\_\_\_\_

1. Microwave each food item***separately*** *for 10 seconds*. Use your senses to determine the results. (carefully touch the food, smell, look, etc.)
2. Correctly rank the food items based on what got the hottest after 10 seconds in the microwave.

Actual Results:

½ slice of bread \_\_\_\_\_\_ 1 C water (in LMC) \_\_\_\_\_\_ 1 T margarine \_\_\_\_\_\_ ½ donut \_\_\_\_\_\_

1. Dry the liquid measuring cup and return it to the correct cupboard. You can now eat any of the food items.

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