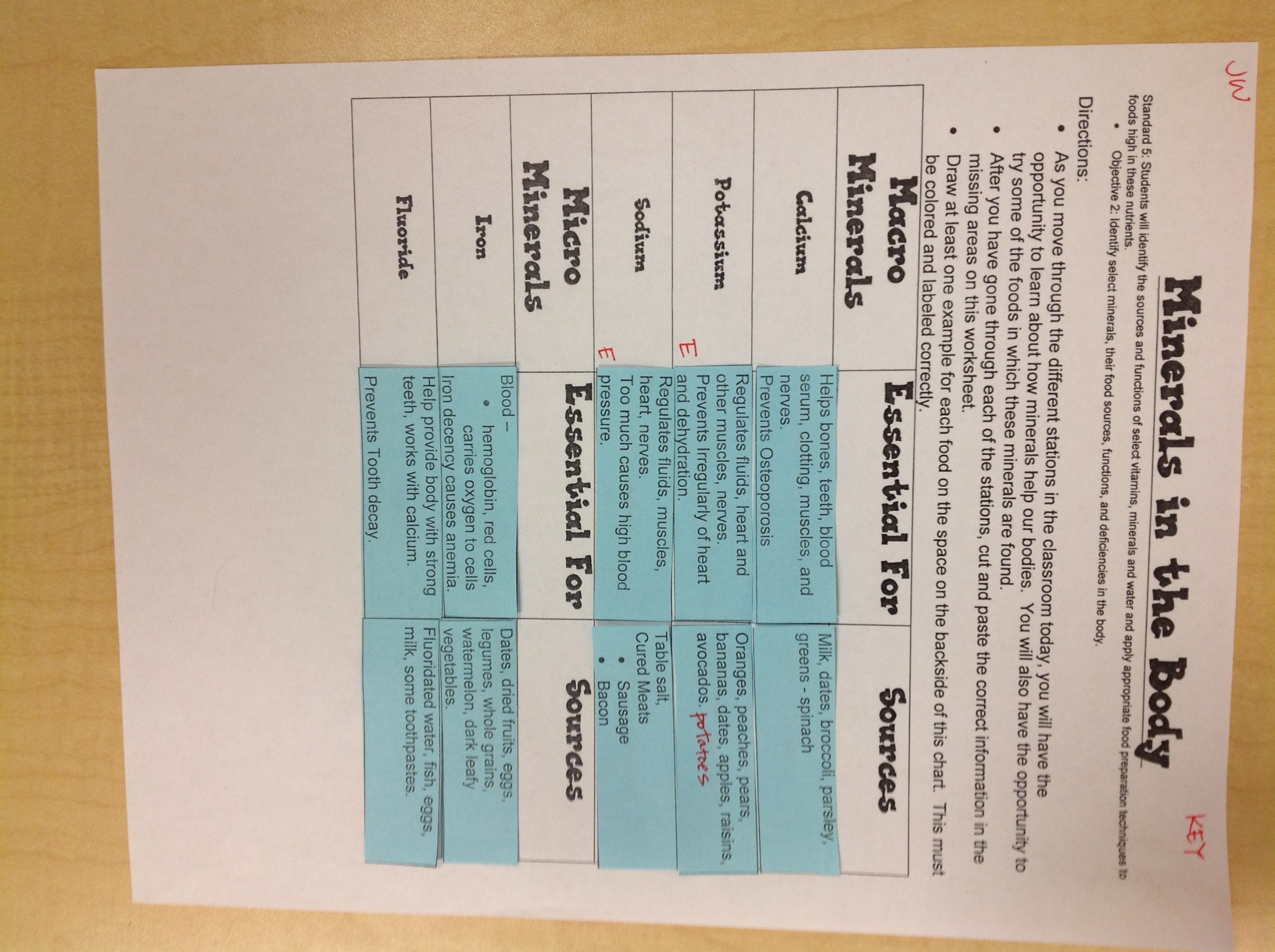
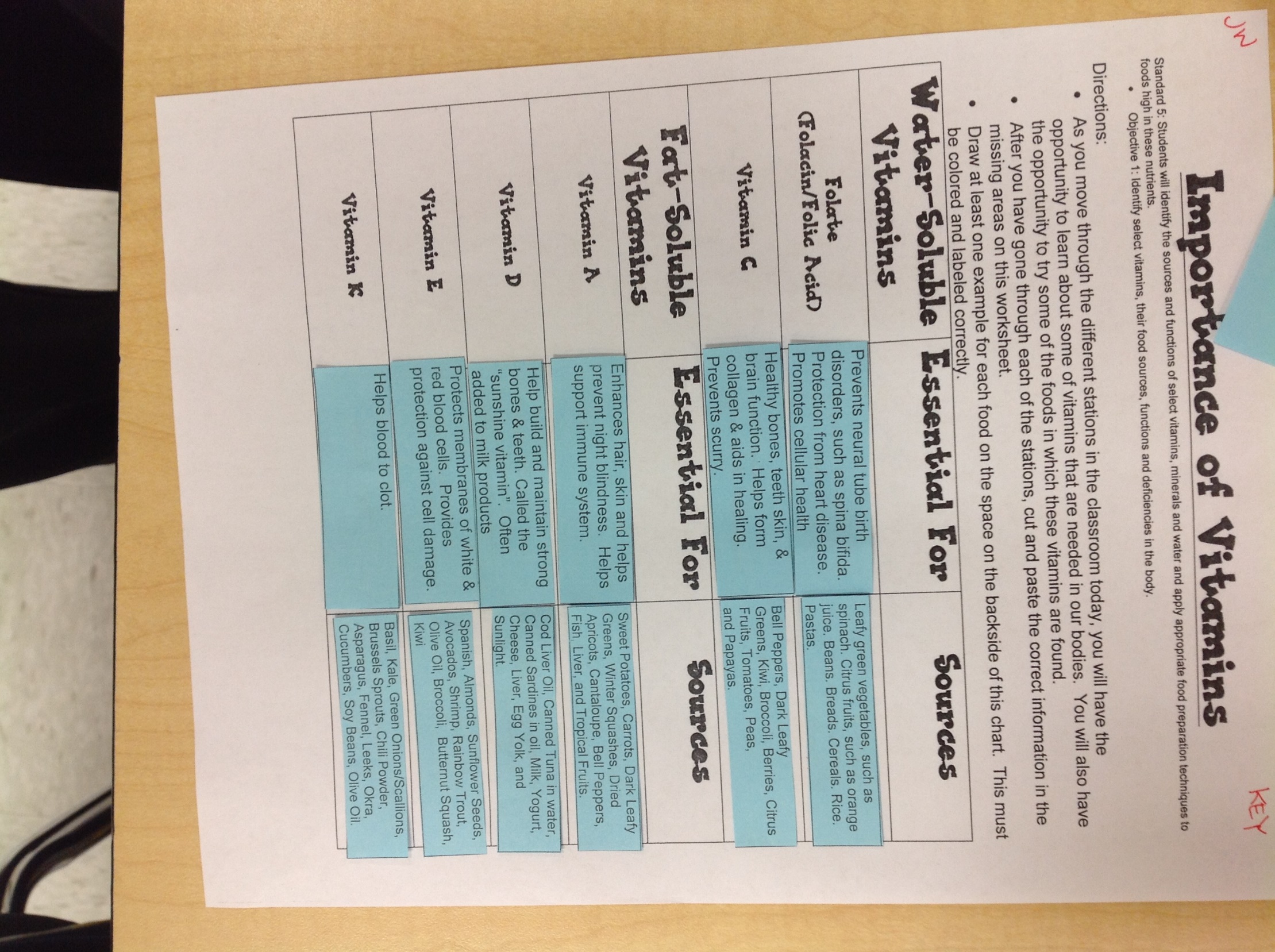
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**Foods for Vitamins & Mineral Stations Foods for Vitamins & Mineral Stations**

Potassium—Bananas Potassium--Bananas

Sodium—Pepperoni Sodium—Pepperoni

Calcium—Broccoli Calcium—Broccoli

Iron—Raisins Iron—Raisins

Folate: Folic Acid, Focalin—Orange Juice Folate: Folic Acid, Focalin—Orange Juice

Vitamin E—Sunflower Seeds Vitamin E—Sunflower Seeds

Vitamin K—Cucumbers Vitamin K--Cucumbers

Vitamin A—Carrots Vitamin A—Carrots

Vitamin C—Oranges Vitamin C--Oranges

Vitamin D—Cheese Sticks Vitamin D—Cheese Sticks

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