[facs] Iron Chef findings

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Wed Apr 30 12:20:45 MDT 2008

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Thanks for your help!

Some people asked how to do it.  It takes about 4 days.  I do mine at the end
of the semester.  Then they get to use what they have learned through out the
semester.
Day 1: watch one Iron chef show
Day 2: computer lab to pick out recipe and rules, secret ingredient
Day 3: Lab Day
Day 4: Plate it (20 minutes) and present to judges.  I have administration
come (they love it) and ask some teachers to come.  Present the winners.
Here are my grading sheets.
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