Monster Cookies with a Scale

For the following Recipe you must ½ the recipe and double it before you can begin. Note you will then prepare the ½ recipe.

 DOUBLED ½ RECIPE

\_\_\_\_\_\_\_\_\_\_\_\_\_ ¼ lb Soften Butter \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 1 cup Peanut Butter \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 7 ½ oz Brown Sugar \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 7 oz White Sugar \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 1 tsp Baking Soda \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 1 tsp Baking Powder \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 4.5 ounces Flour \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 EGGS \_\_\_\_\_\_\_­­­­\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 2 oz Quick Oats \_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 4.5 oz of mini M&M’s ­­­\_\_\_\_\_\_\_\_\_\_­­­\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 oz Semi-Sweet \_\_\_\_\_\_\_\_\_\_\_\_

 Chocolate Chips

1. Preheat oven to 350\*F
2. Using the electronic scale, measure the dry ingredients.
3. Put a bowl on the scale. Tare the weight, so it shows 0.0. Make sure the scale is set for ounces.
4. Each time you add an ingredient, tare the scale again.
5. Cream the peanut butter, butter and sugars together in Kitchen Aid mixer.
6. Add Eggs and mix until light and fluffy
7. Put an empty bowl on the scale. Tare the scale.
8. Weigh the flour
9. Add the baking powder and soda by measuring spoon.
10. Tare the scale. Add Oatmeal
11. Add Dry ingredients to wet ingredients ½ cup at a time.
12. Weigh the Chocolate Chips and M & M’s. Add them into the mixer bowl until combined briefly, so not to break up the candies or chips.
13. Spoon on pan with a large spoon, to make individual large cookies.
14. Bake at 350\*F for 10 minutes
15. Have each person in your group measure out one cup of flour the way they normally weigh it. What are the results?
16. Measure out 1 cup of sugar the way you normally weigh it, what is the result?
17. Measure one cup of brown sugar, loosely packed. What is it’s weight?
18. Measure one cup of brown sugar tightly packed. What is its weight?
19. Stir flour in canister and then loosely spoon into cup and level. What is the weight?
20. Sift one cup of flour and level. What is the weight?
21. What did you learn about using a scale and weighing food today?