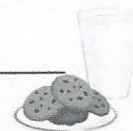


Name: KEY

Period: _____



Cookie Count

The recipe below makes 4 dozen cookies. Using the given information, determine how many calories, grams of fat, milligrams of sodium and grams of carbohydrates one cookie has.

Ingredient	Amount	Calories	Fat (g)	Sodium (mg)	Carbohydrates (g)
Flour	2 ¼ cups	900	2.25	0	195.75
Baking soda	1 teaspoon	0	0	435	1
Salt	1 teaspoon	0	0	2132	0
Margarine	1 cup	1600	176	1520	0
Granulated Sugar	¾ cup	577.5	0	3.75	149.5
Brown Sugar	¾ cup	615	0	72.75	159
Vanilla	1 teaspoon	10	0	0	0
Water	½ teaspoon	0	0	0	0
Eggs	2	150	10	126	2
Chocolate Chips	12 oz	1716	96	300	216
TOTAL		5568.5	284.25	4589.5	723

One Cookie

Calories	Fat (g)	Sodium (mg)	Carbohydrates (g)
116	6 g	96 mg	15 g

Nutritional Table

Ingredient	Amount	Calories	Fat (g)	Sodium (mg)	Carbohydrates (g)
Flour	1 cup	400	1	0	87
Baking soda	1 teaspoon	0	0	435	1
Salt	1 teaspoon	0	0	2132	0
Margarine	1 tablespoon	100	11	95	0
Granulated Sugar	1 cup	770	0	5	199
Brown Sugar	1 cup	820	0	97	212
Vanilla	1 teaspoon	10	0	0	0
Water	1 teaspoon	0	0	0	0
Eggs	1	75	5	63	1
Chocolate Chips	1 oz	143	8	25	18

Hints: 3 teaspoons = 1 tablespoon, 4 tablespoons = ¼ cup, 16 tablespoons = 1 cup