## FACS

## FAMILY & CONSUMER SCIENCES



HUMAN DEVELOPMENT & FAMILY RELATIONS









Family and consumer sciences (FCS) is the comprehensive body of skills, research, and knowledge that helps people make informed decisions about their well being, relationships, and resources to achieve optimal quality of life. The field represents many areas, including human development, personal and family finance, housing and interior design, food science, nutrition, and wellness, textiles and apparel, and consumer issues.

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