

## MORE TEEN LIVING IDEAS

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I also have information listed on my uen.org webpage. <http://my.uen.org/64943>

On **first day** have students line themselves up by their last name. Once they are lined up have them say their names (this makes it so you aren't slaughtering their names) also lets you know things about the students – who are the jokers, who have a hard time with alphabetizing. THEN, I have them line up by first names.... Interesting to quickly find that you have 4 Jacobs in the same class.

### TEEN LIVING BOOKS THAT HELP

- #1. Activities that Teach by Tom Jackson
- #2. More Activities that Teach by Tom Jackson
- #3. Still More Activities that Teach by Tom Jackson

### PERSONAL DEVELOPMENT

Mind Power #1 p. 164 feels like you are doing magic as your mind controls the washer on a string. What are you telling your powerful mind about yourself.

### I Didn't Know That #3 p. 122

Don't Laugh at Me <http://www.operationrespect.org/videos/videohb.mov>

After we do the Teen Tators, that the dings and imperfections are what make the potatoes and people unique and interesting. Then I show this video clip. I ask them to think about how they treat others. I have a granddaughter who has Mobius syndrome – her facial muscles don't work so she can't smile. She looks different. I ask them to think about how she might be treated by people in our junior high. The song's refrain says, "Don't get your pleasure from my pain." You see the students really thinking.

Johnny Lingo

<http://creativeworks.byu.edu/catalog/ViewItem.aspx?item=TM026&gclid=CMH6xdvvgK4CFSYaQgodChCn3A> Johnny Lingo bargains for a bride, paying an exorbitant amount and causing a sensation on the island. Being an expert trader, he knows the value of things--especially self-esteem.

Unfortunately, Mahana's neighbors are not able to acknowledge her great worth until the couple returns to the island later and they see that she has blossomed into a beautiful wife.

**Hana, the No Cow Wife ISBN 9780875797144 The flip side.** Hana is narcissistic and thinks she shouldn't go for fewer than 9 cows. I talk to the students about both Mahana with low self-esteem and Hana with excessive self-esteem are focused on themselves. It is the middle ground where you can forget about yourself and do for others.

**Poem Imperfect Me from book Hormone Jungle <http://www.amazon.com/Hormone-Jungle-Robert-Reed/dp/0445207450>**

A Little Seed.  
A little seed lay on the ground

And soon began to sprout,  
Now which of all the flowers around

It mused, shall I turn out.

The lily's face is fair and proud  
But just a trifle cold,  
The rose I think is rather loud  
But then her fashions old.

The violet is all too well

But not the one I'd choose,  
Nor yet the Canterbury bell  
I never cared for blues.

And so it criticized each flower  
This supercilious seed,  
'Till it woke one summer hour  
And found itself a weed.

**Narcissistic and Supercilious are the vocabulary words of the day.**

## **EMOTIONS**

To introduce emotions I have water colors and four words. Sad, anger, peace, joy. I have the words on small papers. Each student is to watercolor their emotion. The students are not to let anyone know what their word is so they can guess. They are just to use colors to illustrate the emotion. After they are all done, they are to pick up someone else's picture and put it on the table labeled the emotion they think best expresses the emotion. We go around and look at the pictures and talk about feeling blue and in the pink and how the colors for each emotion are pretty similar. This leads into the worksheet Rose colored glasses.

**Game called MOODS. I have adapted it. They use a 9 sided dice, I use 6 sided dice and have gone over the cards and removed the inappropriate ones.**

Come On Six #2 p. 137 Stress

Stick It #2 p. 276 Introduce the info on anger

Liar, liar pants on fire #2 p. 206 Values

**COMMUNICATION Add a word #2 p. 85 good intro for communication activity**

Inquiring Minds #2 p. 197 (or could be used for self-esteem)

Sounds Like #2 p. 269 - record everyday sounds. Let students guess what they are.

Quick shapes #2 p. 312

Back art #1 p. 73 A favorite – use with body language

He Said – She Said #3 p.113 Gossip

## **FRIENDS**

Fair Weather Friend #2 p. 166 read book Charlie the Caterpillar

Grass is Greener #2 p. 184 read Dr. Seuss's Sneetches

## **FAMILY**

They have more homework during this unit. I figure they will learn more actually doing things with their family, than just discussing in class.

I give them 5 choices of homework assignments. They are assigned to do 2 – 1 the parent/child quiz 2. Interview a grandparent (or older adult) 3. Heritage paper Who do they look like. 4. Parent Interview 5. Family fun. They can do more for extra credit.

My Monster Mama Loves me So by Laura Leuck ISBN 0-688-16866-3

Nana Upstairs, Nana downstairs by Tomie dePaola ISBN 0-698-11836-7

Weird Parents by Audrey Wood ISBN 0-14-054924-2

## **PAIRING OFF**

Paper Bag Princess by Robert Munsch ISBN 0-920236-16-2

Cinder Edna by Ellen Jackson ISBN 0-688-12322-8

Sex Still has a Price Tag DVD by Pam Stenzel. Great information about STD's She presents it in such a way that the students enjoy the presentation. She has a newer video out but I haven't seen it.

## **CHALLENGING TIMES**

Aunt Nancy and Old Man Troubl by Phyllis Root

Fanny's Dream by Caralyn Buehner ISBN 0-8037-1496-3 also is a video

The Littlest Owl by Caroline Pitcher ISBN 1-84506-732-0 forest animals dealing with death.