

# **Adult Roles and Responsibilities**

## **Lesson Plans**

### **Self-Management**

Self-Concept

Values

Goals

Decision Making

### **Communications**

Levels of Communication

Love Languages

Destructive/Constructive Communication

Techniques

Active/Reflective Listening Skills

Nonverbal Communication

Assertion and Conflict Resolution

### **Dating**

Purposes of Dating/Types of Love

Dating Behaviors/Refusal Skills

Responsible Sexual Behavior/Teen

Pregnancy/STIs

Domestic Abuse

Rape

Sexual Harassment

## **Marriage**

Mate Selection  
Engagement  
Marital Roles  
Marital Adjustment  
Marital Conflict  
Strong Marriages

## **Finance**

Consumerism  
Budgeting  
Marriage and Financial Goals  
Credit and Saving

## **Families**

Strong Families  
Family Life Cycle  
Divorce  
Death

## **Parenting**

Parent Readiness  
Reproductive Process  
Birth Process  
Child Abuse  
Parent Styles  
Building Self-Esteem in Children  
Positive Guidance