

## CASE STUDIES

### CASE STUDY #1

You are a single mother with one nine-month-old baby. You are 19 years old, going to school full time, and working part time. It is difficult to find good child care and you do not have enough money to provide adequately for your baby.

### CASE STUDY #2

You are the proud parents of three children. Your oldest child is a boy, just turning 14 years old. When he was younger, it was easy to care for him. Now that he is older he is very difficult. He is rude to you, has been skipping school, and is doing many things of which you do not approve. You cannot handle him and do not know what to do.

### CASE STUDY #3

You grew up in an abusive home. If you ever did anything wrong, you were spanked soundly. You do not want to spank your children, but whenever they do anything wrong, it is the only thing you can think of to do.

### CASE STUDY #4

You and your spouse have just given birth to a beautiful baby girl. You are thrilled, but neither you nor your spouse has been around babies, and you both feel very frightened and awkward. You do not feel capable of caring for this infant.

### CASE STUDY #5

You are a single parent to three very lively little boys. You are able to provide for them financially. However, your job is very stressful and when you arrive home, you are at wit's end. You have no patience with the children and find yourself lashing out at them. You do not like this situation, but you do not know how to change it.

### CASE STUDY #6

You and your spouse have four children. One of your children is having a lot of difficulty at home and at school. This child seems to have too much energy, is difficult to handle, and still wets the bed at nine years of age.

### CASE STUDY #7

Because of infertility problems, you have one 10-year-old and a new baby. The ten-year-old is extremely jealous of the baby. You do not dare leave them alone because you have caught the 10-year-old trying to hurt the baby.

**CASE STUDY #8**

As a parent, you feel like a failure. You have five children and do not feel like you have control over any of them, except the baby. They are failing in school, and the two oldest have run away on many occasions.

**CASE STUDY #9**

You are a single parent and have worked very hard to provide for your two children. Now that they are older, they are left alone at home after school for a few hours until you get home from work. A week ago, you found a drawer full of pornographic magazines in one child's dresser. Now you have found that your child was with another neighbor's child of the opposite sex touching each other's genitals.

**CASE STUDY #10**

Your first child is very mild mannered and easy going. Your second child has had a bad temper since infancy. This child becomes enraged, throws anything within reach, kicks, hits, screams, and throws a tantrum.

**CASE STUDY #11**

You have reason to believe that your formerly obedient teenager is involved with drugs and alcohol. The teenager has become rebellious and you have noticed a marked change in behavior. At midterms, you received several failing notices. This child used to be a good student. You do not like the friends this child is hanging around with, and both you and your spouse have found money missing from your wallets.

**CASE STUDY #12**

Your 8-year-old child has begun talking back to you and treating you very rudely. The child is very disobedient and refuses to listen to you. You feel helpless.

**CASE STUDY #13**

Your middle child, age 13, has no friends. This child seems very unhappy, just moping around the house and constantly watching television. You have inquired about friends and suggested having friends over, but this child seems totally antisocial and uninterested in developing any friendships at all.

**CASE STUDY #14**

You seem to be unable to discipline your children. It just breaks your heart to tell them no or to punish them at all. If you ever raise your voice to them, you feel guilty for days. Consequently, the children run the house and are making the decisions. Your spouse has had enough of this and is threatening to leave if things do not change.

**CASE STUDY #15**

As a parent, you are obsessed with cleanliness. Your children must be spotless and look perfect at all times or you feel yourself losing love for them and are unable to be affectionate to them.

**CASE STUDY #16**

You are always frightened that something will happen to your children. You do not let them out of your sight and cannot let them try anything new that might pose a risk to them. You cannot stand to even see them scrape a knee.

**CASE STUDY #17**

You just cannot deal with your children until you've had a drink. They are not bad kids, you just cannot cope with them without a little help. Sometimes you drink a little too much and then find yourself becoming abusive. Afterwards, you feel so guilty that you have to have another drink to wash away the guilt. You know the kids do not like you to drink, but you are not a good parent if you do not drink.

**CASE STUDY #18**

You have trouble controlling your anger. Whenever the children misbehave, you go crazy. You hit the children frequently. Last week you punched a hole in the wall. You always feel badly about your behavior afterwards, but you do not seem to be able to change it.