
UNIT: Decisions That Affect Children

LESSON: Health and Safety of Children-
First Aid

TIME: 1-2 days

COMPETENCIES:

1. Discuss and demonstrate basic first-aid procedures. (Options 2 and 3)
 2. List the items that should be required in the preschool first-aid kit. (Option 4)
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OVERVIEW/SUMMARY:

No one knows when an emergency will occur. It is necessary that all people who work with young children know basic first-aid procedures.

MOTIVATOR:

Show the video "How to Save Your Child or Baby."

LESSON OPTIONS/SUPPLIES:

OPTION 1

BOOK: Just Going to the Dentist, I Wish I Was Sick, Too!, by Franz Brandenburg, ISBN#394-83674-X

OPTION 2--Competency 1

Invite an EMT, nurse, or doctor to come to class and demonstrate basic first-aid procedures. Include the abdominal thrust, other choking procedures, bleeding procedures, emergency breathing techniques resuscitation, and CPR.

OPTION 3--Competency 1

VIDEO: Show the video "Handling Childhood Emergencies with Confidence" and have the students complete the accompanying worksheet. **TEACHER NOTE:** The key to this worksheet is comprehensive enough to present a first-aid lecture. This worksheet is a good reference for students to keep.

OPTION 4--Competency 2

FIRST-AID KIT: Using the transparency and actual items from a first-aid kit, review the items that should be found in a caregiver's first-aid kit.

RESOURCES:

"How to Save Your Child or Baby"

Video Prescriptions
Pacific Stat Systems, Inc.
9144 Sepulveda Blvd.
Los Angeles, CA 90045

"Handling Childhood Emergencies With Confidence"

Changing Times Education Service
TIME FOR ME Video cassettes
ISBN #0-8219-0353-5
EMC Publishing
300 York Avenue
Saint Paul, Minnesota, 55101 30 minutes