

GUIDANCE DEFINITIONS

Write the words "punishment," "discipline," and "guidance" on the board. Have the students write the words or impressions that come to their minds when they hear each word. As a class, define the words:

PUNISHMENT:

The act of punishing or act of being punished.

A penalty inflicted for a crime or offense.

Severe treatment (hurt, hit, spank, death sentence, prison).

Punishment may restrain a child temporarily, but it does not teach self-discipline. At best, it will only teach an obedience to authority, not a self-control that enhances self-respect.

DISCIPLINE:

Instruction designed to train proper conduct or action.

Punishment inflicted by way of correction and training.

The training effect of experience, adversity, etc.

Behavior in accordance with rules of conduct.

To train by instruction and exercise.

To bring to order and obedience by training and control (rule, consequences, grounding, control, training).

This word actually comes from the word disciple or follower. It is a long-term process that gradually leads to a child becoming responsible for his/her own behavior.

GUIDANCE:

The act or function of guiding.

Advice or counseling service (help, teach, show, counselors).

Our goal is to incorporate positive discipline and guidance. This will help the child to gain inner control and become independent and self-reliant.