

UTAH LICENSING RULES

Following is a summary of Utah's child care licensing rules. Providers are required to be in compliance with these rules.

PARENT VISITS ENCOURAGED:

1. Visitation: Open to parents at all times.
2. Daily schedule and activities: There should be a variety of activities and equipment appropriate for each age group. There is balance between free choice and provider-directed activities. Daily schedule and lesson plans are current and posted for parents to view.
3. Mealtimes: Menus are available and follow U.S.D.A. food program requirements. Nutritious food, unhurried atmosphere, and pleasant conversation.

SUPERVISION AND DISCIPLINE:

Children should not be left unattended. Discipline should include the setting of clear-cut limits, positive guidance, and redirection that fosters the child's ability to become self-disciplined. There should be no form of physical punishment (such as shaking, spanking or hitting), withdrawal of food or rest, profane language, or any form of emotional abuse.

SAFETY: NOTIFY DIRECTOR OF ANY PROBLEMS YOU SEE!

1. Indoor/Outdoor play areas: Clean and safe, in good repair. Free from health and safety hazards.
2. Hazardous materials: Medicines, cleaning supplies, flammables, aerosols, firearms, plastic bags stored in safe area out of children's reach.
3. Fire: Caregiver's home shall have an approved smoke detector and an approved fire extinguisher on each floor accessible to children.
4. Transportation: Written parent permission on file for transporting. Seat belts, safe pick-up and drop-off areas. Notification of each field trip.

HEALTH:

1. **Physical health:** Physical examination and immunizations required prior to the first day of child's attendance. Centers and homes cannot accommodate ill children.
2. **Personal hygiene:** Caregivers and children wash hands frequently! Soap, towels, and toilet paper always available. Personal items (toothbrushes, bedding) are stored separately.
3. **Children's injuries:** Falls, bumps on the head, scratches and bruises, etc., shall be reported to parents on the same day they happen. Caregivers shall not give drugs, either nonprescription or prescription, unless currently prescribed and approved in writing by a physician and parent.
4. **CPR certification:** Caregivers shall keep current on pediatric-oriented CPR certification and first-aid training.

MINIMUM CAREGIVER-TO-CHILD RATIOS:

1. **Centers:**

Age of children	Caregivers: Children
Infants (under 24 months)	1:4 at all times
2 years	1:7
3 years	1:12
4 years	1:15
5+ years	1:20
2. **Group sizes:** Infant group no larger than eight; infant ratios may not be averaged. Groups of children 2 years or older may not be larger than 25.

FAMILY HOME:

1. When a caregiver cares for children of all ages, including children under two years of age, the group size at any given time shall not exceed six, and not more than two children shall be under age two.
2. The caregiver's own children, and any other children living in the home, age six and under and in kindergarten, shall count toward the group size.