BIRTH AND THE FIRST FOUR WEEKS

MINUTES

0-2  Introduction--this video will show three births--two vaginal
2-4  Prenatal information, one c-section
4-5  Labor
5-6  Physician with 10 day-old newborn
6-10 Epidural birth
     Anesthesiologist discussion on epidural
10-12 Actual birth
12   Stitching of episiotomy
12   Immediate examination of newborn
13-15 Completely natural childbirth
16-19 C-section childbirth
19   Clean-up of baby
20   Newborn--incubator
21   Bonding
21   Breast feeding
22-23 Formula fed babies
24   Crying
25-26 When to seek medical attention
26   Bathing
27   Care of umbilical cord and circumcision
28   Clearing nasal passages
     medication
     jaundice
29   Blood tests
30   Safety--preventing accidents
31-38 First newborn check
38   Family bonding--baby home with family
39-54 Two-week postnatal doctor visit
54-57 Postpartum visit
     Summary, ending