PRESCHOLER PHYSICAL DEVELOPMENT STUDY GUIDE

1. Children ages four and five are often called ____________________.
2. Children of this age are known for their ____________________.
3. This is a time of practicing and refining ____________________ skills.
4. The average yearly increase in height is ____________________ inches. A general rule to remember is that children ____________________ their birth length in five years.
5. Most children gain about ____________________ pounds per year during this period.
6. Children tend to be taller and heavier than their ____________________, because we have better health care, diet, and health habits.
7. About the age of ____________________, children begin to lose their primary teeth. Their six-year molars are the first of the secondary teeth to appear.
8. Most ____________________ motor skills become well developed, and there is significant improvement in their ____________________ motor skills. The skilled use of both of their hands has improved. However, most children cannot tie their shoes until about age five.
9. Most children by age five consistently use either their right or left hand. Preference for the right or left hand begins before a child's ____________________. It is not a good idea to try to change a child's hand preference.
10. Children need ____________________ in maintaining cleanliness habits. Poor habits that are acquired can continue into adulthood.

Average motor skills:

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<th>FOUR YEARS</th>
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