FEMALE PUBERTY TIME LINE

AGE

8 9 10 11 12 13 14 15 16 17 18 19

Hormones begin signaling reproductive organs to develop. (Ages 8-11)


Nipples grow. Pubic and underarm hair grows. Ovaries may begin to release mature eggs that can be fertilized. Menarche occurs. Enlargement of uterus occurs. (Ages 10-16)

Breast development is complete. Voice may deepen. Menstrual periods become more regular. (Ages 12-19)