

Name _____ Hour _____

GROWTH FACTS LISTENING GUIDE

1. On the average, how much sleep does a toddler need each night?
2. Explain how many and how long naps are for toddlers.
3. Explain the concept of quiet time.
4. When does a child have his/her first nightmare? Explain how to handle a situation where a child has had a nightmare.
5. What are the most important things to remember when helping a child prepare for bed each night?
6. At what age does a child have all of his/her primary teeth?
7. To keep their teeth healthy and clean, what should toddlers do, in addition to brushing?
8. Explain what eye-hand coordination is and when it is mastered.
9. Define the term manipulation.
10. What do you think manipulative toys are and why would they be beneficial to toddlers?
11. List three large motor skills that are mastered during age one.
12. List three small motor skills that are mastered during age one.
13. List three large motor skills that are mastered during age two.
14. List three small motor skills that are mastered during age two.
15. List three large motor skills that are mastered during age three.
16. List three small motor skills that are mastered during age three.