
UNIT: Growth and Development

LESSON: Neonate--Physical

TIME: 2-3 days

COMPETENCIES:

Identify the physical needs of the neonate and explain how to provide for those needs (feeding, diapering, breast feeding). (Options 2, 3, 4, 5, 6, 7, 8, and 9)

INTRODUCTION:

Have students find out why their parents selected their name. Share the information with the class.

MOTIVATOR:

Show the class several pictures of happy, smiling babies, as seen in any magazine (the perfect little Gerber babies). As you show them several different pictures, talk about how much fun babies are and how cute their little fingers and toes are. Really ham it up until the class is "oohhing" and "aaahhhing" with you. Then hold up a picture of a newborn baby--the way they look immediately after birth--all wrinkled and red. Discuss with the class how the physical aspects of a neonate may be a bit shocking to new parents. There are many things that must be learned by the parents of a neonate.

LESSON OPTIONS/SUPPLIES:

OPTION 1

BOOK: Dressing

OPTION 2--Competency 1

BABY SUPPLIES: Review the information "DRESSING UP." If possible, bring the items into the classroom with prices tagged on them with stickers (or use a catalog). This allows you to display the item as you discuss the use and purpose. Have students complete the worksheet, "DRESSING UP LISTENING GUIDE."

OPTION 3--Competency 1

DEBATE: Have students debate the use of cloth or disposable diapers, using the role play "Blake and Laurie." Allow the students to express their ideas, concerns, and feelings concerning one type of diaper. You may want to have them read an article concerning this issue before beginning the debate. They must choose which side they support. Time permitting, you may invite a guest speaker from a diaper service to speak to the class.

OPTION 4--Competency 1--**CDA I, 2-Health**

FEEDING INFANTS: Share this basic information with the students.

OPTION 5--Competency 1

FEEDING GRAFFITI: Divide the class into small groups and have them make lists of the advantages and disadvantages of breast and bottle feeding. (See teacher information, "Breast/bottle Feeding Activity.")

OPTION 6--Competency 1

OPINION PAPER: Have students write an opinion paper expressing their views on breast/bottle feeding.

OPTION 7--Competency 1

NEEDS FOR THE NEONATE: Review the information "Additional Needs for the Neonate" with the class.

OPTION 8--Competency 1

BABY CARE: Demonstrate how to properly and safely bathe, diaper, and dress a baby using a doll. Newborn or six-week-old baby models are available to purchase through Childbirth Graphics. To request a free Childbirth Graphics catalog, call 1-800-299-3366 or FAX 1-817-751-0221. You may prefer showing a video rather than demonstrating.

OPTION 9--Competency 1

VIDEO: Show students the video, "Birth and the First Four Weeks." (See teacher information "Birth and the First Four Weeks" for an overview of the video.)

OPTION 10--Competency 1

NEONATE MOTOR DEVELOPMENT: Review "Characteristics of Motor Development" with the class.