

TEMPERAMENT TYPES

SENSITIVE CHILD:

1. Slow-to-warm.
2. Was usually fussy and irritable as a baby.
3. Reluctant to try new things or experiences.
4. New experiences may end in failure, pain, or embarrassment. The child may then lose self-confidence, resulting in uncertainty and insecurity.
5. More sensitive to sounds and changes in the environment, colors, changes in moods of people.
6. Can grow up to be sensitive to other people and work as counselors or therapists, or use their sensitivity in the fields of music, art, or drama.
7. Parents need to help this child establish self-confidence by being patient, encouraging, and by providing lots of reassurance.

PLACID CHILD:

1. Easy going.
2. Less upset by changes in routine.
3. Happy, cheerful, patient, quiet.
4. Adjusts easily to new people and situations.
5. Goes through life with a minimum of fuss and upset.
6. Needs love and encouragement to push themselves toward achieving their goals.
7. Can grow up to be peacemakers; any job that requires an even temper; they will get along with co-workers.
8. May need to be challenged; if not, they could end up being a couch potato.

AGGRESSIVE CHILD:

1. Constantly active and on the go.
2. Awake more than other babies.
3. Responses are extreme.
4. Strong willed, eats more vigorously, cries more loudly.
5. Kicks more strenuously.
6. Often larger than other babies.
7. Loves activity.
8. Not concerned with failure, will try again and again.
9. Temper tantrums are normal.
10. Needs lots of constant parenting.
11. Parents must impose reasonable limits.
12. Child needs lots of love and praise.
13. Child needs to be made aware of the feelings and interests of others.
14. With a nurturing parent, the child can grow up to be a responsible leader of people. Can use aggressiveness in sports or being the president of a company.
15. If the aggressive nature is not limited or channeled in a positive direction, this child could get into a lot of trouble.

NOTE: Sensitive and aggressive children require more active parenting. However, all these temperament types produce very special people. It is important to know the child so the parent knows how to best guide the child to make the most of the temperament he/she has. It is common for children to display several characteristics from each temperament type. The parent must know the child.