BONDING STUDY GUIDE

1. Define bonding:

2. The following are three ways that a parent or caregiver can help develop a bond with an infant. Explain why each is important.
   a. Long, loving looks
   b. Loving touches
   c. Animated face and voice

3. The following are the three basic rules to remember, at any age, to develop or continue to nurture a bond. Define and explain the importance of each.
   a. Consistency
   b. Responsiveness
   c. Sensitivity