

NAME _____ HOUR _____

A DAY IN THE LIFE OF A PARENT/GRANDPARENT

1. What is your age?
2. What is your sex?
3. Describe your family situation.

4. Describe what you do in a typical day.

5. Which responsibilities are work related and which are personal or family related?

6. Do you often have time in the day just for yourself?

7. How many other people depend on you each day? Who are they and what do you do for them?